

PAUL AMBROSE

SCHOLARS

PROGRAM

Project Abstracts

2012 Scholars



Total number of volunteers involved with student projects: **1,018**

Total number of people served by student projects: **7,354**

Potential number of people impacted by student projects: **57,822**

Table of Contents

PROJECT BY DISCIPLINE	2
Allopathic Medicine	2
Dentistry	6
Graduate Nursing	9
Osteopathic Medicine	10
Pharmacy	14
Physical Therapy	19
Physician Assistant	22
PROJECT BY HEALTHY PEOPLE 2020 TOPIC	24
Access to Health Services	24
Adolescent Health	24
Diabetes	24
Educational and Community-Based Programs	25
Family Planning	25
Health Communication and Health Information Technology	25
Heart Disease and Stroke	25
Immunization and Infectious Disease	26
Injury and Violence Prevention	26
Lesbian, Gay, Bisexual, and Transgender Health	26
Mental Health and Mental Disorders	26
Nutrition and Weight Status	26
Older Adults	26
Oral Health	26
Physical Activity	27
Preparedness	27
Substance Abuse	27
Tobacco Use	27

Project by Discipline

Allopathic Medicine

Sexual Health Education in St. Louis

Somalee Banerjee

Institution and Year: Washington University School of Medicine in St. Louis, 3rd Year

Project Start Date: September 1, 2012

Final Project Abstract:

As a medical student we are exposed to the results of an economically and racially segregated city. The problem is very stark in inequity when counting the number of unplanned pregnancies from this population versus suburban populations that we see at our hospital. There is a student run program in place, STATS (Students teaching aids to students), at Washington University School of Medicine that teaches about sexually transmitted illnesses in St. Louis area high schools. For my health promotion project, I planned to expand the coverage of this student group to St. Louis city schools that have a greater need for such education, as well as to implement a contraception curriculum. Throughout the year, we established a rapport with the health education department in the St. Louis city school district through talks with the head nurse educator and developed a contraception curriculum by working with undergraduate students at Washington University which began to be implemented in the sites where STATS was previously teaching. By working with a local research group the CHOICE project, we were able to get donations of contraception teaching aids. The groundwork is in place for the STATS group to begin teaching contraception and sexual health in the St. Louis city schools.

Number of project volunteers: 15

Number of people served by project: >100

Smoking Cessation at a Juvenile Detention Center

Benjamin Cobb

Institution and Year: University of Pittsburgh School of Medicine, 3rd Year

Project Start Date: May 1, 2012

Final Project Abstract:

During my time at Schuman Detention center, I developed an interest towards addressing cigarette use among incarcerated youth. My primary objective and goal was to develop a smoking cessation program using an evidenced-based, medically-oriented approach. Specifically, I used the Transtheoretical Model to guide behavioral change in the youth. This model has been used for the past 30 years to treat addiction, including alcoholism, and after being introduced to the model in class, I began to see how useful it could be in settings like Schuman. The Transtheoretic Model consists of five stages: 1) the Precontemplation Stage, when the individual has no interest in quitting; 2) the Contemplation Stage, when the individual begins to think about quitting; 3) the Preparation Stage, when the individual has made the decision to quit and develops a concrete plan for doing so; 4) the Action Stage refers to the period of time just after the individual stops smoking; and 5) the Maintenance Stage, where the

individual remains tobacco free. I primarily used the resources provided by help4teensquit.com to structure the curriculum and prepared sessions appropriate for patients of each individual stage.

Number of project volunteers: 30
Number of people served by project: 400

Medical Student Advocacy for Sugar Sweetened Beverage Legislation

Thomas Gill

Institution and Year: University of Hawaii School of Medicine, 1st Year
Project Start Date: August 1, 2012

Final Project Abstract:

In an effort to bring together health-conscious students from various graduate programs in Hawaii, we coordinated a student-run legislative advocacy initiative in support of sugar-sweetened beverage legislation. SB1085: Relating to Obesity Prevention seeks to prevent childhood obesity and support healthy dietary choices in our community by enacting a fee on sugar-sweetened beverages. We met with the director and legislative advocacy team of the Hawaii State Department of Health and communicated with the Deans of the University of Hawaii School of Medicine, School of Nursing, School of Public Health, and School of Law to remain consistent with ongoing university-wide efforts. Individual meetings with key legislators on house/senate health committees allowed medical students to discuss the benefits of sugar-sweetened beverage legislation in an intimate small group setting. Students submitted written testimonial in support of sugarsweetened legislation. Finally, we presented our testimony in person at a joint hearing of the health and judiciary senate subcommittees in support of sugar-sweetened beverage legislation. For the first time in nearly a decade of discussion, sugar-sweetened beverage legislation passed through the senate health and judiciary committees and made its way to the ways and means committee. Although the bill did not reach a second vote before the 2013 session adjourned in May, we believe that our voices as future health professionals positively contributed to this progress and look forward to continued involvement in the coming year.

Number of project volunteers: 30
Number of people served by project: 200

Healthy & Sikh

Jasmeet Kaur

Institution and Year: University of Texas Medical Branch at Galveston, 2nd Year
Project Start Date: March 11, 2011

Final Project Abstract:

Number of project volunteers: 50
Number of people served by project: 300

Our Bodies as the Temple: Healthy Mind and Body

Amanda Little

Institution and Year: Baylor College of Medicine, 2nd Year

Project Start Date: December 28, 2012

Final Project Abstract:

“Our Bodies as the Temple: Healthy Mind and Body” is an educational program seeking to educate participants on exercise and nutrition. At its core, the program will focus on increasing participants’ knowledge on the importance of nutrition and exercise. In order to provide for sustained change, the program will also focus on strengthening existing social networks within the church to establish a supportive environment that allows for sustained individual change. The program’s four main objectives are: 1) Participants will increase their knowledge of the health benefits of diet and exercise 2) Participants will gain practical tools to overcome perceived barriers to maintaining fitness and nutrition 3) Participants will connect to a social network with shared interests in nutrition and exercise, and 4) Participants will improve self efficacy, or their confidence in their ability to change their health and nutrition.

Number of project volunteers: 3

Number of people served by project: 30

Health Is Where The Heart Is

Courtney Moore

Institution and Year: Wayne State University School of Medicine, 3rd Year

Project Start Date: July 1, 2012

Final Project Abstract:

After conducting a health needs assessment in Detroit, I identified cardiovascular health as a multidimensional health problem in the city. “Health Is Where The Heart Is” is the organization I created to combat this growing problem. The foci of this collaborative initiative are cardiovascular health improvement through healthy lifestyle education, counseling, and management, which are delivered as an inclusive four station health fair. To increase accessibility, our health fairs are hosted in areas which most conveniently cater to the public; churches, schools, recreational areas, public transportation hubs and street-side, in high foot traffic areas. Patients who attend these health fairs benefit from medical care and education they might not have otherwise received. Comprehension level appropriate discussion and literacy level adjusted reading materials, including a published paperback book, are provided free to participants. Our program encourages patients to improve their heart health by implementing one, simple heart healthy habit a day. Quantitative data analysis was completed to evaluate the program and revealed that 70% of the initiative’s patients were amenable to the cardiovascular health counseling they received demonstrating that our program was efficacious. This encouraging data combined with other statistical data analysis revealed that our public health program is efficacious.

Number of project volunteers: 10

Number of people served by project: >400

Making FSU Tobacco Free

Jesse O'Shea

Institution and Year: Florida State University College of Medicine, 1st Year

Project Start Date: May 1, 2012

Final Project Abstract:

Tobacco use, particularly cigarette smoking, remains the leading cause of preventable illness and death in the US while secondhand smoke exposure is the third leading cause of preventable death. In a recent survey at FSU, 64.28% of students support a tobacco-free campus. My project is to make my university tobacco free. From this movement grew another organization, the Healthy Campus 2020 Task Force, which aims to fulfill multiple health initiatives at Florida State University. Other than policy implementation, the project will strive to continue and expand comprehensive, evidence-based tobacco cessation treatment programs for students, faculty, and staff (individually or in groups) with free or reduced cost nicotine replacement therapy. Furthermore, the project will incorporate tobacco prevention, cessation, and control into class curriculum at FSU. If higher education is the hallmark of how society ought to be, then it is necessary to project a positive institutional image and convey a consistent pro-health message, one that undercuts the perception that smoking is socially acceptable, discourages tobacco use among students and encourages and supports tobacco cessation on campus.

Number of project volunteers: 100

Number of people served by project:

Implementing the Fairmont Homeless Shelter Clinic

Maham Qureshi

Institution and Year: New Jersey Medical School, 3rd Year

Project Start Date: June 1, 2012

Final Project Abstract:

The Student Family Healthcare Center (SFHCC) is the oldest student-run clinic in the country. In 2011, the New Jersey Medical School Department of Family Medicine, which oversees the SFHCC, received a grant from U.S. Health Resources and Services Administration to allow for the addition of several programs and educational opportunities to improve the existing student clinic. One such initiative was a community outreach to provide medical care at a local homeless shelter. The Fairmont homeless shelter clinic was established in January 2012 with the mission of providing free, quality healthcare to the Fairmont shelter residents, while providing medical students with clinical experience and education. The Fairmont clinic takes place in the basement of the homeless shelter, two nights per month. On each clinic night, 4-7 patients are seen by two groups of first to fourth-year medical students and a family medicine attending. The services provided include physical exams, blood and urine tests, prescriptions, referrals and health education. In addition, each patient is seen by a case manager, who is a student of the UMDNJ Graduate School for Biomedical Sciences, to assist with social service needs and applications for charity care. We present an in-depth model of our current student-run homeless shelter clinic and the process to developing it, including recruitment of students and patients.

Number of project volunteers: 30

Number of people served by project: 50

ED Patient Advocates

Mohamed Zeidan

Institution and Year: Tufts Medical Center & Tufts University School of Medicine, 1st Year

Project Start Date: May 1, 2012

Final Project Abstract:

This project addressed high re-visit rates to Boston emergency rooms by establishing a medical student follow-up program at Tufts Medical Center. Focusing in particular on patients without primary care physicians, students met with as many patients as possible to ensure that they understood their conditions and the necessary steps for a full recovery. Students met with patients before discharge and called them again a week later to monitor their progress. Ultimately, the project provided underserved patients with advocates in the health care system while also educating future physicians on the needs of their community.

Number of project volunteers: 7

Number of people served by project: >200

Dentistry

Reuniting Oral Health and Primary Health Care for a Native American Nation

E. Jordan Blanche

Institution and Year: Harvard Medical School; Harvard School of Dental Medicine, 1st Year

Project Start Date: August 31, 2012

Final Project Abstract:

The Wampanoag Tribe of Gay Head (Aquinnah) (WTGH) face unique challenges in accessing oral health care. Together, the Wampanoag Tribe, Martha's Vineyard Hospital, and we, at the Harvard School of Dental Medicine (HSDM), have endeavored to establish a permanent and accessible oral health care delivery system located on the island for members of the tribe. Students and faculty have visited the Wampanoag tribal lands on Martha's Vineyard to meet with tribal elders and Indian Health Service staff. Screening events to raise awareness of the partnership and to assess tribal members' oral health have been held in conjunction with the Tribe's Pow Wow and during monthly Tribal Elders' meetings. Bonds of partnership between the WTGH and HSDM have been established through participation by students and faculty at annual tribal Pow Wows and in a visit by the chairwoman of the Tribal Council and the Tribal Historic Preservation Officer to the school. Our multi-faceted and culturally sensitive approach to improving oral health include education and screening events, mentorship of Wampanoag youth with an interest in dental careers, working with a community hospital to provide dental care infrastructure, and incorporating chronic disease screening and management into our services.

Number of project volunteers: 12

Number of people served by project: 366

Oral Cancer Awareness in Professional Healthcare

Joy Jen

Institution and Year: Georgia Regents University, 1st Year

Project Start Date: June 1, 2012

Final Project Abstract:

Early diagnosis and community awareness are key factors in combating oral cancer. This project worked with regularly scheduled Interdisciplinary Residency Core Curriculum meetings to have a lecturer from the dental field educate and expose medical professionals to the importance of oral cancer. The class was also made available online as a CE course. A 5 question survey to assess participants' prior knowledge on the subject was given at the beginning, and the same survey was given after the lecture. There was a 4 fold increase in people that answered all 5 questions correctly, and 21 physicians now are more likely to perform an oral cancer screening. The live presentation to disseminate oral cancer awareness showed to be an effective mode of education. If this continues, at a greater scale with a larger population including nurses, PA's, etc., more and more of the community will be screened and cared for. As oral cancer awareness increases, it is our hope that oral health will improve and that survival rates will increase.

Number of project volunteers: 6

Number of people served by project: 218

Oral Health Prevention for the Elderly

Olga Luaces

Institution and Year: University of Florida College of Dentistry, 1st Year

Project Start Date: October 1, 2012

Final Project Abstract:

The purpose of my PASP project is to educate caregivers and nursing home staff on proper oral hygiene practices for elderly residents, as well as improve the oral hygiene of high-risk elderly patients in nursing homes and long term care facilities. To accomplish these goals, I organized and formulated various dental training materials, including videos and pre- and post-tests which focused on evaluating the oral hygiene knowledge of nursing home staff. After receiving generous donations of needed dental supplies, meeting with nursing home coordinators, and recruiting dental student volunteers, I was able to incorporate my project in two nursing homes in Gainesville. Follow-up meetings and oral screenings at each of the nursing homes showed an improvement in oral health knowledge and application by nursing home staff. In the future, I plan to continue this project in other nursing homes in Florida, especially those with larger numbers of Spanish-speaking residents.

Number of project volunteers: 10

Number of people served by project: 94

Oral Cancer Knowledge, Behavior and Attitude Survey of Osteopathic Medical Students

Zachary McCready

Institution and Year: Midwestern University Downers Grove, 1st Year

Project Start Date: August 1, 2012

Final Project Abstract:

Nearly 35,000 Americans are afflicted by oral cancer every year. Studies have found that few health care providers perform oral examinations as part of their routine examination procedures. The goal of this project is to assess osteopathic medical students' confidence and ability to screen and diagnose for oral cancers as well as their knowledge of oral cancer. In order to improve knowledge and confidence in oral cancer detection and thereby improve survivability, the current knowledge and confidence levels must be assessed. This survey will provide data to analyze the oral cancer education of osteopathic medical students. A brief questionnaire will be administered to second and fourth year medical students. The survey will assess second and fourth year medical students' knowledge of head and neck cancer risk factors, signs, screening recommendations, and frequency.

Number of project volunteers: 3

Number of people served by project: Data under analysis

Increasing Awareness of Dental Caries Among North Portland Teens

Jennifer Snarskis

Institution and Year: Oregon Health Sciences University, 3rd Year

Project Start Date: September 1, 2012

Final Project Abstract:

There are many schools in North Portland that serve low-income students who are unable to seek care at private dental offices for their oral health needs. In order to increase access for high school students in North Portland, specifically Roosevelt High School, I focused my project on creating a sustainable partnership with the nurses at Roosevelt's school based health center. We ended up using the microgrant to provide resources at a free health care event that takes place annually on Roosevelt High School's campus: Compassion Connect. We teamed with this group to provide toothbrushes and toothpaste to those from North Portland seeking care. The contact person I have spoken with throughout the year (a head nurse at Roosevelt), and the students from OHSU who will continue to work with me next year, are eager to set up a few screening days at the high school in the fall exclusively for Roosevelt High School students. I have also made screenings forms and will provide these along with disposable hand mirrors to the nurses to use for further screenings in the school based health center. I am eager to see how this partnership continues to develop, and what improvements OHSU and Roosevelt High School will be able to make together.

Number of project volunteers: 6

Number of people served by project: 200

Migrant Farm Workers Health Clinics: Oral Cancer Prevention Program

Robert Yau

Institution and Year: University of Connecticut School of Dental Medicine, 2nd Year

Project Start Date: June 28, 2012

Final Project Abstract:

The main objective for this program is to educate the immigrant population about oral cancer and various carcinogens such as tobacco, excessive sunlight exposure, and alcohol risks that they encounter daily at work with the ultimate goal of lowering oral cancer risks. This was achieved in conjunction with the medical and dental clinics (oral screenings) that provide services to these farm workers on orchard, berry, greenhouses (crops), and tobacco farms across Connecticut. Utilizing an interprofessional team of medical, dental, nursing, physician assistant and pharmacy students, the migrant worker population learned about various occupational hazards they may be exposed to unknowingly and identified high risk behaviors that may increase their risk for cancer. Additionally, they learned about methods to address smoking cessation in this population as well as proper nutrition to improve oral health and overall health. Clients were provided a post survey to assess their knowledge of oral cancer before and after the presentation. The majority of clients have stated they know more about oral cancer than before the presentation. In the future, this project's vision includes successful incorporation of this oral cancer prevention model into CT AHEC and other UST (Urban Service Track) activities including Smiling Seniors and development of training materials for oral cancer prevention teaching to train future beneficiaries.

Number of project volunteers: 5

Number of people served by project: >150

Graduate Nursing

Educational Intervention in Suicide Prevention

Mary Collaro

Institution and Year: Worcester State University, 1st Year

Project Start Date: September 10, 2012

Final Project Abstract:

College age suicide remains a prominent public health issue. According to the Centers for Disease Control and prevention it is the second leading cause of death for this age group. Annually, more students die by suicide than from all illnesses combined. Since depression is closely linked to suicide, it will also be discussed. My PASP project is to educate college age students regarding the signs and symptoms of depression and the characteristics of suicide through a power point lecture. It is designed to enable students to help each other. It not only presents clinical information, but also provides available local resources in addition to Worcester State campus resources. Future expansion of this project will include a research study comparing and contrasting a sole educational component versus the same educational component and utility of a reference tool (magnet). My hypothesis is that education and tool utility is more effective than an education component alone. The project is

anticipated to be completed in the fall 2013. IRB approval has been obtained at Worcester State University.

Number of project volunteers: 3

Number of people served by project: 65

Osteopathic Medicine

Health Queeries

Jules Chyten-Brennan

Institution and Year: Univeristy of Medicine and Dentistry of New Jersey, 2nd Year

Project Start Date: May 29, 2013

Final Project Abstract:

Health Queeries was a two-month long voluntary service-learning program for members of the Youth Connect program in Jersey City, NJ. The program serves as a drop-in group for LGBT youth, and is hosted by the Hudson Pride Connections Center. The overall goals of the project were to: 1) convey health information relevant to participants and larger LGBT communities; 2) encourage investment in participants' own health as well as interest in being community health advocates; 3) teach skills in project development, and; 4) foster a sense of accomplishment with the successful completion of a project. The basic approach was to guide participants to their own conclusions by posing key questions and giving specific examples, rather than assigning tasks. Group participants were divided into two "teams," and charged with the task of devising competing health advocacy campaigns about a topic of their choice. Each team picked an issue they found most pressing to the health of their communities (i.e. homelessness and homophobia). The two teams then presented their overall projects to a panel of "judges," composed of Hudson Pride Community Center staff members. While all participants were rewarded with gift cards, the "winning team" was rewarded with a larger sum.

Number of project volunteers: 3

Number of people served by project: 10

Healthy Choices for a Brighter Tomorrow

Scott Cooper

Institution and Year: Lake Erie College of Osteopathic Medicine, 1st Year

Project Start Date: September 30, 2012

Final Project Abstract:

A persistent association has been shown between academic performance and health. Recent studies showed that education outcomes are most negatively affected by dental caries, which are associated with high consumption of sugary drinks. Since caregivers are one of the strongest influences on both a child's health and their academic performance, this study aims to determine if positive caregiver influence concerning proper oral hygiene and decreased consumption of sugary drinks can directly impact their child's academic performance. The most medically underserved area of Erie County, as defined by the Erie County Department of Health, will be enrolled, receive, and return study documents

at The Boys and Girls Club. At the time of consent the caregiver will complete a survey regarding their child's oral hygiene, and a daily journal focusing on drink consumption and tooth brushing will be sent home with the caregiver. In addition, academic reports will be obtained from caregivers and correlated with sugary drink consumption. Results obtained from this study will help determine if proper oral hygiene and decreasing the consumption of sugary drinks like soda can lead to better academic performance.

Number of project volunteers: 3

Number of people served by project: Data pending in ongoing project

The KUSP Project – Know & Understand, See & Perceive

Zebulun Cope

Institution and Year: Lake Erie College of Osteopathic Medicine, 1st Year

Project Start Date: June 29, 2012

Final Project Abstract:

KUSP is currently focused on the JFK Center in Erie, PA. The surrounding community is composed of about 10,000 people. The KUSP Project is fueled by the administrators and staff of the JFK Center, LECOM professors, students and student-run clubs at LECOM- Erie. KUSP will launch on October 27th, 2012 at the JFK center during an event called "Operation Dawn." Operation Dawn is a combination of a health-fair, college-fair, career-fair and activity fair. Clinicians, professors, students from LECOM-Erie, and members from the LECOM Wellness Center will attend to the health-fair. Local universities will attend to the college fair. Local trade schools and businesses will attend for the career fair and the activity fair will showcase local musical acts and artists. Subsequently, KUSP will hold monthly fun, interactive forums addressing matters like diet and exercise, college and career planning, music and artistic development and much more. Ultimately, the goal of KUSP is to not only educate but to elicit a positive change. KUSP seeks to facilitate the connections between knowing of positive change and understanding how that change will impact lives; and, between seeing a more desirable future and perceiving how to acquire that future.

Number of project volunteers: 30

Number of people served by project: 200

Improving Nursing Home Life From First-Hand Experience

Eugenia Edmonds

Institution and Year: University of New England College of Osteopathic Medicine, 1st Year

Project Start Date: July 2, 2012

Final Project Abstract:

As health care professionals we all try to empathize with our patients, family, friends, and fellow humans, but like the old saying goes, there is nothing quite like walking a mile in another person's shoes. For my project, I spent ten days living the life of an older adult in a local nursing home. The "Learning by Living" project was developed by my mentor, Marilyn Gugliucci, and the goal of the project is to improve awareness of and empathy for older adults living in nursing facilities. As an additional goal for my Paul Ambrose Scholars Project, I ran an in-service staff training session after my experience, where I was able

to present my experience and have meaningful discussion with many people on the nursing home staff. Over the past year, I have also presented on my experience for our local UNECOM Research Day, as well as at the AACOM (American Association of Colleges of Osteopathic Medicine) Annual Meeting.

Number of project volunteers: 1

Number of people served by project: 100

Preventive Medicine Club

Rita Golikeri

Institution and Year: University of North Texas Health Science Center - Texas College of Osteopathic Medicine, 1st Year

Project Start Date: July 15, 2012

Final Project Abstract:

The objective of implementing the Preventive Medicine Interest Group on campus was to increase awareness among medical students about the field of preventive medicine. There are many options available to students with respect to residencies and career opportunities; however, most students (perhaps the majority of medical students) are not aware that this field exists. If more students enter this field, there will be more chance for innovation and progress in preventing chronic diseases in our population.

Number of project volunteers: 40

Number of people served by project: 150

InterACTIVE Outreach and Teach

Rajavi Parikh

Institution and Year: Edward Via College of Osteopathic Medicine - Carolinas Campus, 1st Year

Project Start Date: November 11, 2012

Final Project Abstract:

Obesity and physical inactivity are on the rise in South Carolina. InterACTIVE Outreach and Teach is an initiative aimed at promoting healthy and active living through participant-driven discussion and interactive seminars. The program will encourage participants to take an active role in helping themselves and fellow participants make healthier decisions and aims at training medical students to provide nutritional counseling. The program will use a single-subject design with monthly participant meetings. Medical students will be trained to serve as mediators in a group counseling environment, to effectively counsel participants on eating healthy, and to educate participants on the value of healthy living with a chronic condition. Weight, height, waist circumference and mental health status will be measured monthly to track progress. Participants will discuss topics including living with a chronic condition, weight loss techniques, barriers they face, suggestions for improvement, and success stories with moderators. Interactive activities will include topics such as cooking classes, healthy alternatives to favorite foods, reading a nutritional label, and portion sizes. The goal of the program is to have open dialogue on how to lead a healthier lifestyle and to have participants and medical students work as a team to find the best route towards sustainable lifestyle modification.

Number of project volunteers: 20
Number of people served by project: 50

Increasing Health Awareness and Access in the Hispanic Population of Southwest Florida

Jessica Rimkus

Institution and Year: Lake Erie College of Osteopathic Medicine – Bradenton, 1st Year
Project Start Date: March 9, 2013

Final Project Abstract:

The purpose of this project was to encourage health participation and education in the Hispanic population of Sarasota and Manatee Counties. During this health fair, we provided a comprehensive approach by addressing different health disparities that face the Hispanic population. Participants were educated on health topics including Diabetes and Heart Health, Maternal and Women’s health, and Obesity Prevention. We were able to provide blood pressure and diabetes screenings, as well as interactive activities that encouraged health including a healthy snack activity, yoga class, games that encouraged family-friendly physical activity and a gardening activity. Finally, a large success of this event was that it encouraged interactions between the LECOM faculty and students and the surrounding Hispanic population, as we start to increase the involvement of LECOM volunteerism in this particular underserved community.

Number of project volunteers: 52
Number of people served by project: 25-30

Caribbean, African American & Latino Health, Education, Music and Sports Festival (CAMFEST) Health and Nutrition Interactive Exposition

Quidest Sheriff

Institution and Year: University of Medicine and Dentistry of New Jersey – School of Osteopathic Medicine, 2nd Year
Project Start Date: June 1, 2013

Final Project Abstract:

The Caribbean, African American & Latino Health, Education, Music and Sports Festival (CAMFEST) will be a yearly two day event in which significant elements pertaining to the diverse communities in Essex County will be highlighted. CAMFEST will include sports (soccer and track), cultural exhibitions, health and education expositions and a music festival. The Health and Nutrition Interactive Expo has the goal of creating an environment that engages the general public in actively addressing and providing accessibility to health disparities primarily and disproportionately impacting our communities. We will address prostate and breast cancer, HIV/AIDS/STD’s, TB, Hepatitis C, diabetes, obesity, cardiovascular health, nutrition, and increasing physical activity (regardless of age, gender, socioeconomic status, etc). We want to emphasize education in certain areas such as vision, dental, foot care, health hygiene, disease prevention and health promotion. Moreover, we aim to increase the responsiveness and understanding of osteopathic and holistic medicine. The Health Expo will provide workshops specifically geared towards the community’s health needs and provide screening, testing, examinations and informational brochures. Additionally, participants will be able to partake in physical fitness activities,

healthy cooking demonstrations, and osteopathic manipulations; amongst other festivities including raffles, family fun games and door prizes.

Number of project volunteers: 100

Number of people served by project: 2,000+

Pharmacy

Targeting Health Disparities in Pittsburgh's Hispanic Community

Anna Bondar

Institution and Year: University of Pittsburgh School of Pharmacy, 1st Year

Project Start Date: September 1, 2012

Final Project Abstract:

My goal for the Paul Ambrose project was to connect Pitt pharmacy students with culturally and linguistically appropriate health information to be used when conducting outreach events for the local Hispanic community. Hispanics who are uninsured or underinsured frequent free clinics and community health fairs as their primary source of health and wellness information. My project included three activities: 1) I worked with the YWCA Greater Pittsburgh to compile a list of health services that have Spanish language assistance in Pittsburgh, 2) I set up a booth on prevention and wellness at two different health fairs in the Latino community, and 3) I prepared a packet of resource materials on chronic diseases in Spanish and English for pharmacy students to utilize when working with Spanish speakers. The resource materials include brochures I printed from AHRQ, NIH, and CDC, as well as local organizations' materials such as the Allegheny County Health Department, PA Department of Health, and the Pittsburgh Consumer Health Coalition. I compiled this information into an easy-to-use packet for students. My goal is to continue to connect the pharmacy and interprofessional student groups to quality health information in Spanish so that the Pittsburgh Latino community can benefit from student outreach events.

Number of project volunteers: 7

Number of people served by project: 60

Taking Steps Toward Health

Simone Cousins

Institution and Year: Nova Southeastern University College of Pharmacy , 2nd Year

Project Start Date: May 30, 2013

Final Project Abstract:

The "Taking Steps Toward Health" project consisted of three 30-minute presentations about health, wellness and disease prevention offered to multiethnic, underserved clients of the Hispanic Unity of Florida Center for Working Families (HUF-CWF). The HU-CWF organization allows participants to access a wide range of essential economic supports to help their families become financially stable and self-sufficient. The participants learned about the importance of health, dimensions of wellness (physical health, emotional/mental health, social health and spiritual health) and how to prevent disease.

Following my presentation, clients are presented with Health Cards to assist them in accessing primary care, and decrease the financial burden of health services.

Number of project volunteers: 1

Number of people served by project: 34

Minnesota Pharmacy Syringe/Needle Access Initiative Project: Educating Pharmacist's in Their Role in Harm Reduction

Sarah Ertl

Institution and Year: University of Minnesota, Duluth, College of Pharmacy, 3rd Year

Project Start Date: June 25, 2012

Final Project Abstract:

I worked with epidemiologists from the Minnesota Department of Health (MDH) who specialize in hepatitis C and HIV/AIDS to establish methods to educate pharmacists about the MN Pharmacy Syringe Access Initiative (MN Statue 151.40 sub.d. 2). I contacted several pharmacy organizations in the state for their support. The Minnesota Pharmacists Association (MPhA) dedicated a space in their Fall MPhA 2012 Publication for my article titled, "Injection Drug Use on the Rise: The Pharmacist's Role in Preventing Blood-Borne Infections." My MDH teammates assisted me in writing this article and creating a PowerPoint to educate pharmacists on the injection drug use (IDU) problem and Syringe Access law. I converted my presentation to an online format with voiceover. The presentation was submitted and approved by the MN Board of Pharmacy for Continuing Education (CE) credit. The online presentation has been distributed to MN pharmacists via MPhA's monthly emailed newsletters. My pharmacy preceptors introduced me to legislative changes being proposed to the Pharmacy Practice Act at Duluth Area Pharmacists (DAP) meetings. Through word of mouth, I was contacted by a Pharmacy Manager for a HIV/AIDS Specialty Walgreens pharmacy in Minneapolis. I provided him educational support on how to educate Walgreens pharmacists on the Syringe Access law.

Number of project volunteers: 6

Number of people served by project: 200

Prescription Abuse Educational Outreach

Greg Estep

Institution and Year: University of California, San Diego - Skaggs School of Pharmacy and Pharmaceutical Sciences, 2nd Year

Project Start Date: July 1, 2012

Final Project Abstract:

This project created a lasting program at the University of California, San Diego (UCSD) to target prescription drug abuse in the undergraduate population. The project is two different initiatives with the same goal: "The Smarter Path" video and the "Rx Abuse Jeopardy Educational Outreach Game". The video has been produced to highlight the dangers of prescription drug abuse in the undergraduate population. The jeopardy game highlights the legal, health related, professional, and social dangers of abusing prescription drugs as a student. This project is co-sponsored with UCSD Student Health, in

collaboration with Student Legal, Skaggs School of Pharmacy, and the American Pharmacists Association (APhA) – ASP. This collaboration helped elevate the project much higher than I could have imagined when I first devised what my project would be. Due to the complex and expensive nature of the project the co-sponsorship with Student Health worked out very well because they contributed \$2,000 to my \$200 for compensation to the production company. These two initiatives will fuel each other and complement each other for the coming years. They work hand-in-hand to grab the attention of the undergraduates and educate them about the dangers of the prescription drug abuse.

Number of project volunteers: 27

Number of people served by project: 40

Diabetes Mellitus education and Recognition in the Population of the Homeless (DM RPH)

Patrick Howell

Institution and Year: University of Cincinnati - James L. Winkle College of Pharmacy, 3rd Year

Project Start Date: February 1, 2013

Final Project Abstract:

The main purpose of the public health project is to educate and serve the diabetic homeless population of Cincinnati, OH. The Drop-Inn Shelter was chosen as the host-site for the project. Diabetes education was provided to homeless individuals in individual appointments and in group sessions. The education provided was tailored towards the lifestyle of the homeless community. Some educational points which differed from standard populations were diet, exercise, and medication usage. Response to this program was much lower than originally anticipated. Changes were made throughout the project to meet the needs of this community and the project.

Number of project volunteers: 2

Number of people served by project: 3

Immunization for the Homeless of Winchester

Harriet Kusi

Institution and Year: Shenandoah University - Bernard J. Dunn School of Pharmacy, 3rd Year

Project Start Date: October 10, 2012

Final Project Abstract:

The Free-Medical Clinic of Winchester is a clinic that provides healthcare for free to subsidized cost to low income/disadvantaged members in Winchester, Va. Many of the members of this community not only have chronic diseases, but also lack the financial means to obtain an influenza vaccine, a necessary preventative measure for all patients. My project aim to establish an immunization-clinic at the Free Medical Clinic to encourage and provide vaccines to the homeless. I collaborated with leaders of two student organizations: CPFI and ASHP-ASP, and recruited several pharmacy students to assist the patients with vaccination information, and provide immunizations.

Number of project volunteers: 8-10

Number of people served by project: 150-250

Diabetes Prevention Project

Roger Liu

Institution and Year: Creighton University School of Pharmacy and Health Professions, 2nd Year
Project Start Date: November 1, 2012

Final Project Abstract:

According to the 2011 National Diabetes Fact Sheet released by the Centers for Disease Control (CDC), diabetes is the 7th leading cause of death in the United States. In collaboration with the Douglas County Diabetes Prevention Alliance of Omaha, we aim to provide free blood pressure, BMI, and blood glucose screenings, as well as diabetes prevention counseling to interested community members at local community pharmacies. All interested participants were encouraged to receive free diabetes screenings in a variety of community and/or outpatient pharmacy settings from trained, licensed health professions students functioning under a valid CLIA waiver and supervised by a registered pharmacist. Each participant had the option of receiving any, all, or none of the screenings provided and had the option to be counseled on important topics relevant to diabetes. All pharmacy student volunteers were and will be asked to complete a matching pre- and post-assessment so that scores may be compared to determine the extent of knowledge and/or clinical skills gained.

Number of project volunteers: 85
Number of people served by project: 244

Free Health Care in DC for a Day

Joanna Lyon

Institution and Year: Shenandoah University School of Pharmacy, 1st Year
Project Start Date: April 6, 2013

Final Project Abstract:

On April 6, 2013, the pharmacy students of Shenandoah University School of Pharmacy worked along with Children's Hospital, Suburban Hospital, Walgreen's, Rite Aid, and CVS to provide free health screenings and education to the public in Washington, DC. The event was held on Freedom Plaza, and during this four hour event approximately 350 people were educated and 250 people actually received free health screenings and guidance. The public was screened and counseled on blood pressure, metabolic syndrome including a body mass analysis, diabetic foot neuropathy, and A1c sugar levels. Educational materials were provided by NIH and The Washington Hospital Center, and supplies were provided by Target and Giant Food. Freedom Plaza was selected for this event for several important reasons. Shenandoah University wanted to make a real impact on a population of people that may not typically have access to regular preventative screenings, and the students also wanted to make a public statement in the Nation's Capital about how pharmacists are willing and able to step in and provide these needed services to the public in collaboration with other health care providers.

Number of project volunteers: 65
Number of people served by project: 350

Deaf Health: Deaf cultural competency for Pharmacists and Health Fairs for the Deaf

Jennifer Pham

Institution and Year: University of California, San Diego - Skaggs School of Pharmacy and Pharmaceutical Sciences, 2nd Year

Project Start Date: November 7, 2012

Final Project Abstract:

As racial and ethnic considerations dominate cultural competency topics in pharmacy education, other cultures such as Deaf culture have consistently been underrepresented. The objectives of this project included: 1) Design and evaluate a Pharmacy Deaf Cultural Competency Program (PharmDeafPro) that prepares student pharmacists to become culturally competent. 2) Coordinate interdisciplinary health seminars targeting the local Deaf community to increase rapport with healthcare providers and knowledge about preventative medicine and common health issues. 120 student pharmacists attended a 50 minute Deaf culture presentation delivered by a Deaf community lecturer in the span of two years. A health seminar at a local Deaf community center was organized two weeks after the lecture was presented. Students had the option to voluntarily complete anonymous surveys to assess their baseline experiences with the Deaf culture and related knowledge. Students' knowledge increased on all of the questions post-lecture both years. Students that have completed PharmDeafPro successfully applied the training by taking part well-received health fairs for the local Deaf community. 40 members from the Deaf community benefitted from hypertension screening and counseling on medications, diabetes, exercise, nutrition, immunizations, and asthma by attending the event. Inviting members of the Deaf community and coordinating more health outreaches allow students to practice their training and decrease health barriers for the community.

Number of project volunteers: 13

Number of people served by project: 180

Emergency Preparedness Kit for Individuals with Limited Mobility

Jennifer Steiner

Institution and Year: University of Wyoming School of Pharmacy, 3rd Year

Project Start Date: November 1, 2012

Final Project Abstract:

This project focused on meeting the emergency preparedness needs of residents with limited mobility in Albany County, Wyoming, many of whom are elderly. We first conducted a needs assessment specific to Albany County through collaboration with Albany County Public Health, Wyoming Institute for Disabilities (WinD) and local home nursing businesses. We worked together to create an emergency preparedness kit that focused on the complex medication and medical equipment needs of this population. We focused on special medication storage requirements and we developed a method for quick medication and medical equipment retrieval if evacuation was needed. We also focused on establishing a personal support network, according to current Federal Emergency Management Agency recommendations, in effort to provide citizens with timely emergency assistance. After creating the emergency preparedness kits, we distributed them through public health fairs, local pharmacies, home

health nursing businesses, and a disability service provider. By June 2013, we distributed kits to 207 residents and utilized 53 volunteers. Of the 207 kits distributed, we provided them directly to 80 people through two health fairs. We altered our outcome assessment to track kits distributed in effort to preserve confidentiality and ease the process of kit acquisition for the residents of Albany County.

Number of project volunteers: 53

Number of people served by project: 207

Physical Therapy

Fit for Life

Helen Bresler

Institution and Year: MGH Institute of Health Professions, 2nd Year

Project Start Date: January 1, 2013

Final Project Abstract:

A variety of sources indicate that a sedentary lifestyle can lead to adverse events in the elderly population. Additionally, a lifestyle approach to exercise has been seen to result in better long term outcomes in older adult populations. The purpose of this program was in alignment with the National Institute of Health *Go4Life* program objectives: to educate seniors on the benefits of daily activity, to assist them in learning exercises that can be incorporated into their daily life, and to motivate them to initiate an active lifestyle and maintain it indefinitely. The Fit for Life grown out of the Go4Life idea partnered with Somerville Council on Aging to promote health and wellness through physical activity and nutrition to community dwelling elders of varying socio-economic status. The Fit for Life program engages older adults in a bi-weekly group exercise and nutrition session at a grassroots level.

Number of project volunteers: 4

Number of people served by project: 15-20

Movimiento Para La Salud (Movement for Health)

Alejandro Cedillo

Institution and Year: Creighton University School of Pharmacy and Health Professions, 1st Year

Project Start Date: March 22, 2013

Final Project Abstract:

The purpose of this project was to educate about and enforce the importance of exercise in living a healthy life. The audience included the Latino community in the South Omaha neighborhood. The main idea here is to stress the importance of exercise. Diabetes and obesity are on the rise, especially in Hispanic families. I would like to implement an exercise event at the Intercultural Senior Center of Omaha. My goal is to work with the elderly people at the center and have an exercise event. I will also be providing them with a pedometer, exercise bands, and exercise examples that they can do at home. From the campus side of things, I would like to team up with a special interest club and/or the Office of Scholarship, Service, and Education (OISSE) from the School of Pharmacy and Health Professions. The goal of campus-based partnerships would be to recruit peers to assist with the events and to frame the

events within a sustainable structure. There will be a brief informative introduction followed by a warm-up, exercise session, and a cool-down.

Number of project volunteers: 10

Number of people served by project: 32

Evaluation of Participant Experiences in Fit Kids For Life

Kathryn Lee

Institution and Year: Stony Brook University Schools of Health Technology and Management, 2nd Year

Project Start Date: September 11, 2012

Final Project Abstract:

The purpose of this research is to fully comprehend the experiences and outcomes of Fit Kids For Life (“FKFL”) participants. FKFL is a community-based health and wellness program in Stony Brook, NY for overweight/obese children and adolescents with cardiovascular risk factors. Building on basic American Heart Association and American Diabetes Association guidelines, this 10-week program helps kids (and their families) introduce healthy nutrition, lifestyle, and exercise habits. FKFL stakeholders were interviewed either 1:1 or in a group focus format, depending on their role in FKFL. The research is ongoing and still in the data analysis process. Preliminary findings are reported here. This qualitative study is intended to be a pilot for a larger project of its kind in the near future. Ultimately, the goal of this research is to discover more definitively if there are positive personal, behavioral and lifestyle changes occurring as a direct effect of the FKFL program. These are meaningful changes that are not captured by the quantitative data analysis already measured within the FKFL program. As an additional benefit, this research seeks to reveal which aspects of the program stakeholders value most and which aspects they feel should be modified to improve the effectiveness of FKFL.

Number of project volunteers: 13

Number of people served by project: 15

Homeless Outreach through Exercise

Rebecca Raines

Institution and Year: Mount St. Mary's College, 2nd Year

Project Start Date: October 10, 2012

Final Project Abstract:

Number of project volunteers: 6

Number of people served by project: 50

St. James Terrace Outreach Day

Stephanie Stover

Institution and Year: University of Maryland Baltimore **School of Medicine**, 2nd Year
Project Start Date: July 27th, 2012

Final Project Abstract:

Number of project volunteers: 35
Number of people served by project: 43

Blood Pressure Education Program at Community Participatory Physical Therapy Clinic (CPPTC)

Samantha Stringham

Institution and Year: University of Medicine & Dentistry of New Jersey School of Health Related Professions, 2nd Year
Project Start Date: July 2, 2012

Final Project Abstract:

Hypertension is a common health problem in New Jersey, and is particularly prevalent in the Newark, NJ community. Physical therapists (PTs) play a vital role in making appropriate referrals in a timely manner, particularly since patients can have direct access to physical therapy. The primary goal is an overall improvement in the physical therapy management of patients with hypertension in the Clinic. A "Blood Pressure Action Plan" form was created by the Scholar, which is utilized for each patient in the clinic after getting an initial blood pressure reading, and after subsequent readings if appropriate. Reference materials relating to blood pressure were also made readily available within the Clinic for the student volunteers and patients to utilize. With a condensed, easy-to-follow reference form, student volunteers were able to efficiently access information. The Blood Pressure Action Plan has been utilized by student volunteers in the Clinic and has resulted in an increase in patient education regarding lowering blood pressure. Students also demonstrated an increased vigilance when acquiring blood pressures from patients. Student physical therapists, who have limited clinical experience, are more prepared to use high standards of practice. If student physical therapists practice prevention more frequently, then they will be better prepared as clinicians to bring about a positive shift in practice.

Number of project volunteers: 5-10 volunteers on a weekly basis
Number of people served by project: >35

Improving student turnout for health, prevention, and wellness services at an alternative high school for at-risk youth

Daniel Watkins

Institution and Year: Regis University Rueckert-Hartman College for Health Professions, 1st Year
Project Start Date: September 1, 2012

Final Project Abstract:

Brady High School (BHS) is a unique institution located in Lakewood, CO that serves to provide dropouts, non-attenders, and expelled students with an opportunity to attain a diploma and prepare them for

post-secondary education. As such, the school operates in an underserved community for an “at-risk” student population with 64.3% of students qualifying for the free and reduced lunch rate programs. A literature review was completed to determine common perceived barriers to healthcare among American adolescents and the impact of school-based health centers. Three institutions were identified and interviewed over several sessions: administrators and faculty from Regis University’s Rueckert-Hartman College for Health Professions; administrators and clinicians from Metro County Provider Network (MCPN), a non-profit organization providing health services to the underserved; and administrators, staff, and students at BHS. Finally, communication between the appropriate key-actors at the three institutions was established which led to a collaboration designed around improving students’ healthcare access. The collaborative phase led to the development of MCPN brochures to be delivered with BHS registration information packets, updated website hyperlinks to the MCPN locations, and knowledge dissemination about what services MCPN provides and how to schedule appointments.

Number of project volunteers: 11
Number of people served by project: ~350

Characteristics of a Student-Run Physical Therapy Clinic

Brandon Wielert

Institution and Year: Missouri State University, 2nd Year
Project Start Date: August 1, 2012

Final Project Abstract:

The increasing costs of healthcare services and decreased health profiles of our society currently limit the healthcare system’s ability to deliver individuals’ needed and necessary services. In an attempt to remedy this issue there has been an increase in the number of student-run pro bono clinics in the U.S. The purpose of this study is to identify specific characteristics related to administration, accessibility, accountability, accommodation, availability and affordability of student-run pro bono physical therapy clinics. Participants will be selected from a list of clinic profiles on the Society of Student-Run Free Clinic’s website. Nineteen clinics fit our inclusion and exclusion criteria. Clinics consenting to our study will participate in a phone interview in order to obtain data about the characteristics of their student-run clinic. Using a grounded theory research design, an assessment of the qualitative responses will be done. Among the five clinics interviewed similarities and differences were noted in regards to availability, accessibility, administration, acceptability, affordability, and accommodation. The findings of this study give insight into the foundational characteristics of student-run pro bono physical therapy clinics. Our results indicate student-run pro bono physical therapy clinics having many similarities regarding the themes of availability, accessibility, administration, acceptability, affordability, and accommodation.

Number of project volunteers: 7
Number of people served by project: Data under analysis

Physician Assistant

Who Wins the Race the Tortoise or the Hare?

Sajid Mohamed

Institution and Year: New York Institute of Technology - School of Health Professions, 2nd Year
Project Start Date: January 15, 2013

Final Project Abstract:

My goal for my PASP project is to allay the need for safe driving practices in our student community. Through lectures, guest speakers, and educational resources students will be exposed to the impact their actions while operating a vehicle can have on themselves and the lives of others. As well as the impact MVAs can have on community, family, and friends. Tools and strategies will be offered to help make safer decisions and avoid distracted driving. Results will be measured via change from the pre-lecture survey to the follow-up survey, which will be given after two months post-lecture via email. A follow up meeting will be held to discuss the findings, share ideas and suggestions as well as work on concepts for a future intervention one month after the follow-up surveys are completed. After the in-person discussion, partner groups will be emailed the results of the intervention, to establish whether it was effective or not in improving driving habits.

Number of project volunteers: 5

Number of people served by project: 42

Caring for Muslim Patients During Ramadan

Harrison Reed

Institution and Year: Yale University School of Medicine, 2nd Year
Project Start Date: June 1, 2012

Final Project Abstract:

The purpose of this project is to address the healthcare issues surrounding the Muslim practice of fasting during the month-long holiday of Ramadan. We aimed to gauge local clinician and student awareness of the issue and to provide basic information emphasizing patient-centered care. The primary method used was a series of short lectures given to primary care providers at Yale-New Haven Hospital and students in the Yale School of Medicine and Physician Associate Program. The curriculum for these education sessions was developed in collaboration with Muslim chaplains from Yale University and Yale-New Haven Hospital and leaders in the local Muslim community. Written surveys were given to attendees at the lectures to measure provider attitudes before and after each session. The information developed for these sessions was also published in an industry magazine and online in order to further disseminate the information to providers prior to the start of Ramadan

Number of project volunteers: 3

Number of people served by project: >65

Women's Wellness Program

Stephanie Smith

Institution and Year: Drexel University College of Nursing and Health Professions, 1st Year
Project Start Date: July 1, 2012

Final Project Abstract:

The Women’s Wellness Program is a program affiliated with the Children’s Hospital of Philadelphia’s Homeless Health Initiative (HHI) and focuses on providing health education to women in the shelters. Through weekly exercise and nutrition sessions, the participants are encouraged to make healthy lifestyle modifications for themselves and their children. The program has made physical activity more accessible to the women and also provided them with a social support system. Overall, the women report that they feel their knowledge regarding physical activity and nutrition has improved and that they have been able to implement healthier lifestyle choices.

Number of project volunteers: 6

Number of people served by project: 30

Project by Healthy People 2020 Topic Area

Access to Health Services

Targeting Health Disparities in Pittsburgh’s Hispanic Community

Anna Bondar

Free Health Care in DC for a Day

Joanna Lyon

Implementing the Fairmont Homeless Shelter Clinic

Maham Qureshi

Increasing Health Awareness and Access in the Hispanic Population of Southwest Florida

Jessica Rimkus

St. James Terrace Outreach Day

Stephanie Stover

Characteristics of a Student-Run Physical Therapy Clinic

Brandon Wielert

ED Patient Advocates

Mohamed Zeidan

Adolescent Health

Smoking Cessation at a Juvenile Detention Center

Benjamin Cobb

Improving student turnout for health, prevention, and wellness services at an alternative high school for at-risk youth

Daniel Watkins

Diabetes

Diabetes Mellitus education and Recognition in the Population of the Homeless (DM RPH)

Patrick Howell

Diabetes Prevention Project

Roger Liu

Educational and Community-Based Programs

The KUSP Project – Know & Understand, See & Perceive

Zebulun Cope

Taking Steps Toward Health

Simone Cousins

Minnesota Pharmacy Syringe/Needle Access Initiative Project: Educating Pharmacist's in Their Role in Harm Reduction

Sarah Ertl

Preventive Medicine Club

Rita Golikeri

Deaf Health: Deaf cultural competency for Pharmacists and Health Fairs for the Deaf

Jennifer Pham

Caring for Muslim Patients During Ramadan

Harrison Reed

Caribbean, African American & Latino Health, Education, Music and Sports Festival (CAMFEST) Health and Nutrition Interactive Exposition

Quidest Sheriff

Women's Wellness Program

Stephanie Smith

Family Planning

Sexual Health Education in St. Louis

Somalee Banerjee

Health Communication and Health Information Technology

Healthy & Sikh

Jasmeet Kaur

Heart Disease and Stroke

Health Is Where The Heart Is

Courtney Moore

Blood Pressure Education Program at Community Participatory Physical Therapy Clinic (CPPTC)

Samantha Stringham

Immunization and Infectious Disease

Immunization for the Homeless of Winchester

Harriet Kusi

Injury and Violence Prevention

Who Wins the Race the Tortoise or the Hare?

Sajid Mohamed

Lesbian, Gay, Bisexual, and Transgender Health

Health Queeries

Jules Chyten-Brennan

Mental Health and Mental Disorders

Educational Intervention in Suicide Prevention

Mary Collaro

Nutrition and Weight Status

Healthy Choices for a Brighter Tomorrow

Scott Cooper

Medical Student Advocacy for Sugar Sweetened Beverage Legislation

Thomas Gill

Our Bodies as the Temple: Healthy Mind and Body

Amanda Little

Older Adults

Fit for Life

Helen Bresler

Movimiento Para La Salud (Movement for Health)

Alejandro Cedillo

Improving Nursing Home Life From First-Hand Experience

Eugenia Edmonds

Oral Health

Reuniting Oral Health and Primary Health Care for a Native American Nation

E. Jordan Blanche

Oral Cancer Awareness in Professional Healthcare

Joy Jen

Oral Health Prevention for the Elderly

Olga Luaces

Oral Cancer Knowledge, Behavior and Attitude Survey of Osteopathic Medical Students

Zachary McCready

Increasing Awareness of Dental Caries Among North Portland Teens

Jennifer Snarskis

Migrant Farm Workers Health Clinics: Oral Cancer Prevention Program

Robert Yau

Physical Activity

Evaluation of Participant Experiences in Fit Kids For Life

Kathryn Lee

InterACTIVE Outreach and Teach

Rajavi Parikh

Homeless OutReach through Exercise

Rebecca Raines

Preparedness

Emergency Preparedness Kit for Individuals with Limited Mobility

Jennifer Steiner

Substance Abuse

Prescription Abuse Educational Outreach

Greg Estep

Tobacco Use

Making FSU Tobacco Free

Jesse O'Shea