

## 2015 Ambrose Scholars Community Projects



315

- Volunteers involved with student projects.

3,575

- Approximate number of people served by student projects.

16,950

- Estimated number of people impacted by student projects.

# Project by Discipline

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## Allopathic Medicine

### Michelle Caunca

University of Miami Miller School of Medicine  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Stroke Caregiver Study for Primary (family) caregivers of stroke patients in the Miami area

**Project Highlight:** I believe the greatest success was hearing directly from caregivers that an intervention like this would have been helpful when they started off as caregivers. Hearing these stories straight from caregivers informed us of the real challenges that face families once their loved ones are affected with a stroke. A second success was obtaining the internal Pilot Grant, which is highly competitive. We could not have done it without the PASP, which allowed us to explore this idea through focus groups and provided us with the preliminary data needed to obtain the grant. This small project has now turned into a larger study with a lot of potential to impact many lives and improve the mental health of caregivers in our community.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

### Preetam Cholli

University of Massachusetts Medical School  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Bhutanese Refugee Leadership Program: Empowering Youth as Agents of Social Change for Adolescents in the Bhutanese refugee communities of Springfield and West Springfield, MA

**Project Highlight:** The youth were very receptive to the project, and were willing to take on significant initiative both during and after the planned workshops. They demonstrated a great capacity for organization and problem-solving through the workshop exercises, and further showed an ability to draw on the lessons learned in the workshops in practice for their community. While this potential was inherent to them all along, I feel the greatest success was that this project helped channel this potential into an outlet that allowed them to grow personally while simultaneously benefiting the Bhutanese community at large.

**Number of project volunteers:** 10-20

**Number of people served by project:** Over 100

## Camilia Kamoun

University of Pennsylvania School of Medicine  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Maternal, Infant, and Child Health

**Project Summary:** Working with Religious Leaders to Improve Breastfeeding Practices Among African-American Muslims in West Philadelphia for The project targeted adult (18-25 year old) African American Muslims in West Philadelphia, but could have impact for other Muslim communities in the long term.

**Project Highlight:** The educational brochure on breastfeeding that was created was met with great enthusiasm. The survey distributed post presentation of the brochure revealed that the brochure was easy to understand and provided valuable information that would help people make more informed choices about breastfeeding. Community members conveyed that the brochure would make them and others more likely to breastfeed based on the brochure's information regarding Islamic encouragement of breastfeeding whenever possible. One person noted that he learned more about breastfeeding in the 10 minute presentation of the brochure than he had learned in his entire life.

**Number of project volunteers:** 1-5

**Number of people served by project:** 75-100

## Yun Li

University of Pennsylvania  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** Exercise for breast cancer patients and healthy patients

**Project Highlight:** It was really nice to see that some of subjects felt very inspired by the program and the opportunity to be a part of this study helped them change the way they approached exercise and their personal health. It is our hope that this kind of motivation would stick with cancer patients, of course, but we do also see that there was a lot of benefit in this opportunity for many healthy individuals. Particularly among the underserved populations, the chance to receive advice about healthy living is really valued because they do not have access to preventative healthcare services.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

## Juan Lopez

Florida State University College of Medicine  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Social Determinants

**Project Summary:** A neighborhood-level approach for assessing the health needs of the South City community for South City is a neighborhood in the city of Tallahassee, Florida with an unemployment rate twice that of the county and with 68% of the total residents living below the poverty line. There are 778 addresses in this neighborhood.

**Project Highlight:** During the month of October, after the preliminary questionnaire had been formulated, we held a meeting at the health department. We invited community members and leaders from South City to attend to get their opinion on the survey. Five women attended; they were older than the average resident, had grown up in the neighborhood and were very much interested in improving it. Over the course of the following few hours, they helped shape and tailor how we needed to word things if we wanted specific information. They knew the community, and they knew what was appropriate to ask and how to ask it. They encouraged the use of open-ended questions over multiple choice, because “you want to know what’s going on? Let them tell it like it is.” While South City neighborhood association members had attended the advisory group meetings previously, this was the opportunity where the focus was placed directly on their perspective. In my opinion, this was the most important component for ensuring a quality assessment.

**Number of project volunteers:** 10-20

**Number of people served by project:** 75-100

## Supriya Rastogi

Northwestern University Feinberg School of Medicine  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Maternal, Infant, and Child Health

**Project Summary:** Opening Our Eyes to Health for Youth living in West and South Side Chicago

**Project Highlight:** Some of the most amazing moments of my experience came from working with the girls at the JTDC. At my first day of holding discussions at JTDC, I was trying to get to know all the girls. However, one girl stood out to me and she and I became closer week by week. The guards would tell me how she was the first one to perk up Saturday mornings because she knew I was coming. Whenever new girls gave me some resistance or admitted their boredom within minutes of the program, she would be the one to say, “C’mon, girls. Let’s just listen to what Supriya has to say.” To provide some background, she had been battling with the judicial system for years. She had been in jail before, released on probation, broke her probation, and was now in jail for the second time. Every week she said she may be leaving soon, but whenever I came back the next time, she would say the court had been delaying things. Fortunately, I happened to be there on her last day. It was a very emotional day, as she had become a lot of the guards’, as well as the girls’, favorite. At the end of the session, she did a dance performance that she had done at the recent talent show and gave a speech to the girls on tips

on how to survive their time at the jail and her commitment to do good once she's back in the community. One of the most interesting tips she gave was to stop counting down the days left in jail and to tear down any calendars. She encouraged the other girls to fully immerse themselves in the programming the jail offered. The best part was being able to walk out of the jail with her as a free person. I remembered her reveling in the sun screaming, "I'm free! I'm actually free!" I had never had this type of experience before, and I was overwhelmed with happiness. I hugged her one last time, and gave her my contact information. I will always remember her for her infectious positivity because she made good from something bad.

**Number of project volunteers:** 1-5

**Number of people served by project:** Over 100

## Paul Stadem

Mayo Medical School  
Allopathic Medicine

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Investigating Mental Health Beliefs in the Somali Community in Rochester, MN for Somali community members living in the Rochester, MN community

**Project Highlight:** Partnering with the community to ensure that the project that I was proposing was meaningful for the community, not just for the research team involved, was extremely rewarding. Although the bulk of my official grant time was spent developing relationships, rewriting proposals, and addressing IRB concerns, I am more confident that the project I will complete is stronger for the community than a project that would have been quicker to complete, yet overlooked these concerns.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

## Dentistry

### Poornima Kadagad

Henry M Goldman School of Dental Medicine, Boston University  
Dentistry

**Leading Health Indicator Topic Addressed:** Tobacco

**Project Summary:** Creating awareness for oral cancer and associated risk factors in high risk population through web based education program for High risk population for oral cancer like smokers

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

## Xinli Liu

Harvard School of Dental Medicine  
Dentistry

**Leading Health Indicator Topic Addressed:** Oral Health

**Project Summary:** SOPEP – Student Oral-health Prevention and Education Project for Pre-dental college students in the Boston area

**Project Highlight:** Of the volunteers who participated, many were very enthusiastic about the experience. One student from Wellesley made the experience the basis of her personal statement for dental school, and the majority of students who came attended more than once. Many patients who were initially shy eventually became more comfortable with volunteers and consequentially with the clinic itself.

**Number of project volunteers:** 10-20

**Number of people served by project:** 75-100

## Nursing

### Heidy Merius

Stony Brook University  
Graduate Nursing

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Connecting Hands in Mental Health Collaboration for Community Youth Leaders

**Project Highlight:** It is important to connect with community stakeholders that will allow access to the places that you want to implement your project. Since I knew a councilwoman, having meetings with the superintendents of school districts was easy when it should have been difficult. Find a mentor that is going to engage you without holding your hand. One can grow a great amount as long as they do the work and accept the responsibility. My mentor allowed me full control. It was difficult, but I learned so much.

**Number of project volunteers:** 1-5

**Number of people served by project:** Over 100

### Mary Pomeroy

The University of Texas at Austin  
Graduate Nursing

**Leading Health Indicator Topic Addressed:** Access to Health Services

**Project Summary:** Evaluating the usability of a medication reminder application among HIV+ population for HIV+, low income, clients of a local AIDS Service Organization food pantry

**Project Highlight:** Recruiting clients for the focus groups at a food pantry located at a local AIDS Service Organization was both strategic and beneficial for both researchers/group leaders and clients.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

## Physician Assistant

### Stephanie Dyck

Elon University

Graduate Physician Assistant

**Leading Health Indicator Topic Addressed:** Clinical Preventive Service

**Project Summary:** 7 Healthy Habits for managing your diabetes better for Underserved Adults

**Project Highlight:** We had one class in which I invited a PA who is also Certified Diabetes Educator to answer questions about medications. One of my participants was talking with him and said how much he has been learning during the class, and made me feel like I had really made a difference in his life. Another participant talked about how she tries to boil her chicken instead of fry it. Another one told me she has been doing better at drinking water during the day. She says she hates water.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

### Jenny Le

Drexel University

Graduate Physician Assistant

**Leading Health Indicator Topic Addressed:** Social Determinants

**Project Summary:** Health Literacy and Chronic Kidney Disease for The target population are the interdisciplinary teams that work with the dialysis population.

**Number of project volunteers:** 1-5

**Number of people served by project:** 50-75

### Mia Malin

Quinnipiac University

Graduate Physician Assistant

**Leading Health Indicator Topic Addressed:** Social Determinants

**Project Summary:** Social Determinants of Health: Education on hypertension for homeless men of New Haven, CT for Men in a homeless shelter in New Haven, CT

**Project Highlight:** Talking to the men and learning from them was/is always eye-opening and enriches me. However, perhaps, the best part for me is hearing my peers get so much from learning how to educate potentially health-illiterate patients. I think it's an invaluable experience for all health science students.

**Number of project volunteers:** 10-20

**Number of people served by project:** Over 100

### **Samantha Melonas**

Thomas Jefferson University  
 Graduate Physician Assistant

**Leading Health Indicator Topic Addressed:** Clinical Preventive Service

**Project Summary:** Intensive Nursing Care Management for Underserved Adults in North Philadelphia

**Project Highlight:** We certainly saw A1C values shift in our population. In many cases it was as simple as patient education. The greatest success was through reconnecting with patients who were lost to follow up. A great proportion of the patients pulled from the EMR search had not had an A1C value drawn in over 3 months. By bringing these patients in, we were able to better follow their care and manage their diabetes and commodities.

**Number of project volunteers:** 1-5

**Number of people served by project:** 75-100

### **Mark Volpe**

Yale School of Medicine  
 Graduate Physician Assistant

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Mindfulness For Patients and Providers for 2nd Year PA Students at Yale

**Project Highlight:** I think the interactivity of the workshop was its greatest strength. Since mindfulness is an abstract concept, it is something that is very difficult to lecture about or put into words. I could tell that as I was giving the initial lecture portion of the workshop, some students were not quite grasping the concept. However, after students completed the practice meditation session and the small group work, they were both more knowledgeable and enthusiastic about mindfulness. Many students commented to me afterwards how they felt that the workshop went by so fast because they were constantly stimulated or practicing mindfulness skills. I think the fact that the workshop was able to resonate and connect with everyone on some level was a great success, and that the interactive nature of the workshop enabled that to happen.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

## Osteopathic Medicine

### **Nathanael Eisenhut**

Pacific Northwest University of Health Sciences  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** Paul Ambrose Scholars Program: UGM Diabetes Prevention Program for Spanish Speaking members of the Yakima Community

**Project Highlight:** People in the class really became friends and looked forward to seeing each other each week. I was pleased that we were able to create an environment where people felt comfortable and safe to share with each other as well as create a foundation for future growth.

My faculty mentor invited me to give a one hour lecture in front of about 30 students, faculty, and community members for a program called Excellence in Medical Student Achievement (EMSA). While preparing my PowerPoint and talk I asked one of the participants for his thoughts on his time with the DPP, this is what he had to say: "The class has given me the confidence to make better changes in my life, I feel like I will be able to live longer and be happier. I am proud of myself."

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

### **Madison Lamar**

DeBusk College of Osteopathic Medicine  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** #52 to a healthier you for Medical Students

**Project Highlight:** My favorite event was Yoga Day where we held two sessions, one at sunrise (the photo I attached) and one during lunch time. We had over 60 people show up on our large medical school front porch just to do yoga together. It was very special, and is something I will remember for years to come.

**Number of project volunteers:** 5-10

**Number of people served by project:** Over 100

## **Tanya Lawrence**

Pacific Northwest University  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** Implementing a family-based weight loss education program to help fight childhood obesity for Overweight and obese children ages 8 to 14 and their family

**Project Highlight:** It has been a great experience working on expanding the ACT! program into an area that has a continuing problem with childhood obesity. It is a great program and I have been lucky to work with many people that are interested in helping me to implement the program into a much needed area.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

## **Alan Ly**

Midwestern University  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Environmental Quality

**Project Summary:** Avondale General Plan Review for City of Avondale

**Project Highlight:** Working with the department of public health was arduous but provided amazing support and mentorship.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

## **Maha Mourad**

Touro College of Osteopathic Medicine  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Evaluating the Effects of Prejudice and Discrimination on Adolescent Mental Health for Minority adolescents in socioeconomically underserved area

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

## Juan Querubin

Lincoln Memorial University - DeBusk College of Osteopathic Medicine  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** LMU-DCOM Community Wellness Program for rural and underserved

**Project Highlight:** The program has led to over 2,000 volunteer hours by hundreds of LMU students across multiple disciplines, and promoted interdisciplinary collaboration to address public health needs in the area. The program reached a larger number of people than expected. In 2015-2016 year we saved the Claiborne County School District over \$24,000 via our CPR education component, and the health education component service was valued at ~\$20,000. The 2 wellness fairs we co-hosted provided food for over 2,000 indigent individuals in the community, and connected them with local non-profits for long term support. Through the program we established the first medical school Walk with a Doc chapter, and we successfully applied for a \$4,000 micro-grant for the health education component. We secured a collective internal budget for materials and operation of ~\$15,000 for the 2016-2017 school year. We included research projects with the project components and it has provided research and professional development opportunities for many students.

**Number of project volunteers:** More than 20

**Number of people served by project:** Over 500

## Kristi Ray

Nova Southeastern University  
Osteopathic Medicine

**Leading Health Indicator Topic Addressed:** Access to Health Services

**Project Summary:** HEALTHFUL: Helping Establish Academic Learning Through Health Fairs in Underserved Locations for underserved population in Miami, Broward, and Palm Beach counties. Mainly included minorities

**Project Highlight:** NSU was able to create our own healthfair in an underserved area in South Florida in which all clubs were involved. Activities and services were based on education and prevention as well as working with the local food banks and other agencies.

**Number of project volunteers:** More than 20

**Number of people served by project:** Over 500

## Pharmacy

### Peter Chan

Northeastern University  
Pharmacy

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** Practice Makes Perfect for Young Adults

**Project Highlight:** Participants were shocked to learn how many teaspoons of sugar there were in bottles of Vitamin Water, Snapple, and Powerade. Students were enthusiastic about asking their questions on current "fad" diets and nutrition supplements

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

### Whitney Horn

Appalachian College of Pharmacy  
Pharmacy

**Leading Health Indicator Topic Addressed:** Clinical Preventive Service

**Project Summary:** Focused Diabetes Education and Prevention in Southwest Virginia for Diabetics in rural underserved area

**Project Highlight:** I received feedback months after my class ended of a patient who's A1C was 14.7% before my class and after was 9%. This patient's test score also improved by almost 20 points. Seeing the patient's interact and share their successes and struggles with each other in the class made it all worthwhile. They truly made friendships that they could hold each other accountable and continue to be each other's support. I believe hosting a monthly educational session would increase compliance with the attendance and maintain the best patient A1C levels and patient outcomes.

**Number of project volunteers:** 10-20

**Number of people served by project:** 25-50

### Angela Kao

South Carolina College of Pharmacy - Columbia  
Pharmacy

**Leading Health Indicator Topic Addressed:** Tobacco

**Project Summary:** Impact of a Tobacco-Free Campus Policy on Student Perceptions Regarding Tobacco and Use of Electronic Cigarettes for University of South Carolina, Columbia students who have been on campus prior to January 1st, 2014

**Project Highlight:** One of the highlights of my project was being able to partner with a campus entity, the Tobacco Task Force at the University of South Carolina. This partnership opened more windows of opportunity to connect with students as well as develop a better understanding on tobacco use and perceptions on campus. I also got more guidance and input from other experienced researchers.

**Number of project volunteers:** 1-5

**Number of people served by project:** Over 500

## Jan Kum

Midwestern University Chicago College of Pharmacy  
Pharmacy

**Leading Health Indicator Topic Addressed:** Social Determinants

**Project Summary:** Build-A-Backpack for 9th grade homeless students

**Project Highlight:** When I brought 14 backpacks filled with school supplies, I was met with great enthusiasm from the principal who had exciting plans for its use for the incoming 9th graders for summer school. The principal spent time with me to talk about how proud he is of his school, the opportunities that are provided to students, and how these backpacks will benefit a small group of students who need them the most. Unlike our remote communication, I was surprised at how appreciative he was

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

## Chu Ying Lu

Manchester University College of Pharmacy, Natural & Health Science  
Pharmacy

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** Evaluation of Farmer's Market Nutrition Program (FMNP) Utilization among Women, Infants and Children (WIC) Participants in Allen County, Indiana. for Women of at least 18 years of age and who are patients of the Women, Infants and Children (WIC) Clinic at Fort Wayne, IN.

**Project Highlight:** The support provided by the WIC director throughout this project is the reason why this survey is able to be accomplished. I was given the option to conduct my survey anytime during their operational hours. The staff at WIC clinic are also able to accommodate me by calling the patients' name after the completion of the survey.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

**Lisa Joy Ohnstad**

University of Wyoming  
Pharmacy

**Leading Health Indicator Topic Addressed:** Substance Abuse

**Project Summary:** Prescription Medication Misuse and Abuse Prevention for Doctorate of Pharmacy Students

**Project Highlight:** The success of the project, was being able to take demonstrate the gap in education for future providers, not only to the University of Wyoming Program, but too Pharmacy Colleges across the United States.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

**Ryan Thomas**

St. John Fisher College - Wegmans School of Pharmacy  
Pharmacy

**Leading Health Indicator Topic Addressed:** Reproductive and Sexual Health

**Project Summary:** PrEParing for the Future for Undergraduate students at St. John Fisher College

**Project Highlight:** There were quite a few students who were unaware of PrEP and what it was used for but they were all very inquisitive and intrigued.

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50

**Physical / Occupational Therapy****Helaine Firestein**

Stony Brook University  
PT/ OT

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Decreasing the Stigma on Mental Illness: A Paul Ambrose Scholars Program for Healthcare Professionals and Students for Healthcare professional graduate students

**Project Highlight:** The program was absolutely wonderful, it went above and beyond all of my expectations! First of all, I received a lot of positive feedback from students and faculty members in the audience, including this email from one of my professors: "I wanted to send you a quick email to tell you what a wonderful job you did today. I was very impressed by you and all the speakers. I sat in the back so I could keep my eye on the 2nd year students and I will tell you that there was not a single person on their phone.

The entire lecture hall was totally engrossed in what the speakers had to say. This is such an important topic that I think you need to do this every year." Second, each of the speakers expressed gratitude to me for allowing them to speak to this audience, who they all felt was a "fantastic and attentive" group of students. Lastly, based on feedback from the post-program survey, it does appear that the program did reach its goal of decreasing the stigma of mental illness among health professional students.

**Number of project volunteers:** 1-5

**Number of people served by project:** 75-100

### **Anna Ma**

Saint Catherine University

PT/ OT

**Leading Health Indicator Topic Addressed:** Nutrition, Physical Activity, and Obesity

**Project Summary:** Increasing physical activity levels of refugees and immigrants in St. Paul, MN for Refugees and immigrants

**Project Highlight:** Overall the project was successful and a great experience for both the students served at MORE and also OT students working with this population. When students were able to transfer their learning and share their knowledge gained throughout the sessions it was very rewarding.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

### **Chelsey Mattingly**

Saint Louis University

PT/ OT

**Leading Health Indicator Topic Addressed:** Mental Health

**Project Summary:** Development of Workplace Interventions to Reduce Job Stressors Among Corrections Officers for Corrections Officers

**Project Highlight:** The biggest success I feel that came out of the project is the fact that now these correction officers voices are being heard and they are finding a purpose in what they do every day. I find correction officers to be very important and in order for the inmates to be taken care of we have to pay attention to those that are responsible in taking care of them.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

## Public Health

### Simone Arvisais-Anhalt

SUNY Upstate Medical University  
Public Health

**Leading Health Indicator Topic Addressed:** Access to Health Services

**Project Summary:** A Cross-Sectional Study of Patients Visiting Free Clinics in Syracuse, New York for Patients visiting free clinics

**Project Highlight:** Some of the greatest memories I will have from this project stem from the mobilization of people from my school who shared similar interests in public health and social justice issues.

**Number of project volunteers:** 5-10

**Number of people served by project:** Over 100

### Chinonye Egbulem

University of Maryland, Baltimore  
Public Health

**Leading Health Indicator Topic Addressed:** Injury and Violence

**Project Summary:** The Impact of Community Violence in West Baltimore: A Trauma-Informed Perspective for Urban families affected by trauma and community violence in West Baltimore

**Project Highlight:** The retreat was extremely helpful in allowing us to connect with each other, learn more information about program, and begin discussion on the topics. The community members had a blast and expressed gratitude for all of the community resources that were made available to them!

The students that took our two-day course were very impressed with all of the speakers. We had the Baltimore City Police Commissioner come out and speak, the Director of the Office of Youth Violence Prevention, and many other community leaders and educators come out. One speaker had the whole class in tears by the end of his talk; but they left feeling enriched, enlightened, motivated, and ready to figure out how they can improve the health status of families in West Baltimore.

**Number of project volunteers:** More than 20

**Number of people served by project:** Over 100

**Kyle Plante**

SUNY Upstate Medical University  
Public Health

**Leading Health Indicator Topic Addressed:** Clinical Preventive Service

**Project Summary:** The Acceptability and Usability of Decision Aids for PSA Testing within a Family Medicine Clinic for Male patients age 50-60; Family Medicine Physicians/Healthcare Providers

**Project Highlight:** In total, the entire project was very informative for both myself and for the family medicine clinicians. This project allowed the clinicians to better understand the needs of their patients, which they were grateful for.

**Number of project volunteers:** 1-5

**Number of people served by project:** 1-25

**Elizabeth Seaman**

University of Maryland School of Public Health  
Public Health

**Leading Health Indicator Topic Addressed:** Tobacco

**Project Summary:** Creating and Evaluating a Tobacco Cessation Smartphone Application for UMD Students who Smoke for Students at the University of Maryland who smoke and want to quit

**Project Highlight:** Being able to address an important issue among undergraduate students was really exciting for me. I also knew very little about user-centered design and information science coming into this project so being able to take a class to work through the initial design considerations was really helpful!

**Number of project volunteers:** 1-5

**Number of people served by project:** 25-50