

PAUL AMBROSE SCHOLARS PROGRAM

2012

PARTICIPANT DIRECTORY

PAUL AMBROSE
SCHOLARS
PROGRAM



JUNE 21-24, 2012

WASHINGTON, DC



Somalee Banerjee

Institute: Washington University in St. Louis
Discipline: Allopathic Medicine
Email: banerjeeso@wusm.wustl.edu

I was born in northern California, but my family moved back to India when I was three years old. I grew up there until high school, which formed many of my opinions about health and medicine. I'm now from Houston, but have been in St. Louis for my undergrad and medical school years. I studied painting in my undergraduate years and hope to continue balancing making art with medicine. As my health promotion project, I will be using STI education workshops in community centers and schools already in place through a student organization at Washington University as venues to teach about contraception options already available for a low cost at community clinics. By providing this information at schools in particular, will allow for interception of populations at an earlier age.



Earl Jordan Blanche

Institute: Harvard Medical School
Discipline: Dentistry
Email: jordan_blanche@hms.harvard.edu

Southern California has always been home to me, including during my college years as I completed undergraduate training in Human Physiology and Biomedical Research at UCLA. I've recently dared to leave home, and I am now pursuing a dual program at Harvard Medical School and School of Dental Medicine, on a track to thereafter complete my residency training in craniofacial surgery at

Massachusetts General Hospital. For my PASP project, I will implement an oral health education program and lay the foundation for an oral healthcare delivery system for the Wampanoag Tribe of Aquinnah on Martha's Vineyard. While my overarching goals will indeed take years to complete, within the next year, I plan to implement an initial community-wide oral health survey and an education program for children and parents in conjunction with a dental sealant program. When not in class, I'm either conducting research in one of my surgical oncology research labs or working part-time as a textbook editor. When I can finally escape work, I enjoy competing on the Harvard Men's Club Tennis Team.



Anna Bondar

Institute: University of Pittsburgh
Discipline: Doctor of Pharmacy
Email: anb112@pitt.edu

I was born in Moldova and grew up in Cleveland, Ohio. I completed my pharmacy pre-requisites at the University of Pittsburgh and now attend the University of Pittsburgh School of Pharmacy. I have worked both in the community and hospital setting and have a passion for global health and international pharmacy. I speak both Russian and Spanish, love to travel, and am in love with the culture (especially the food and music!) of Latin America. I have recently become active with the interdisciplinary student chapter of the Institute for Healthcare Improvement at my school, and I hope to get as many students to participate in my project as possible! For my PASP project I will implement an interprofessional educational series on chronic disease prevention at a local clinic that serves the small, but rapidly growing, Spanish-speaking community in Pittsburgh.



Helen Bresler

Institute: MGH Institute of Health Professions
Discipline: Doctor of Physical Therapy
Email: hbresler@gmail.com

After graduating from California Polytechnic State University in my hometown of San Luis Obispo, California, I joined the United States Peace Corps to serve two years in Swaziland. As a HIV prevention health educator, I partnered with an anti-abuse organization to implement a mentorship and scholarship program for high school aged girls, spearheaded a national youth conference and held

community income generation, HIV testing and health education workshops. Upon finishing, I continued my education at the MGH Institute of Health Professions working toward a Doctorate of Physical Therapy. At MGH IHP, I was PT club fundraising chair, raising money for the Foundation of Physical Therapy, implemented a group exercise class for low-income seniors, and have completed two 10-week full-time clinical affiliations. For my PASP project, I look forward to collaborating with the greater-Boston community to facilitate healthy lifestyle choices, prevention of falls and chronic disease deterioration through a physical activity and wellness education program for older adults. Outside of class, I enjoy the beach, running, biking, swimming, yoga, and anything involving dogs.



Alejandro Cedillo

Institute: Creighton University
Discipline: Doctor of Physical Therapy
Email: alejandrocedillo@creighton.edu

I grew up in Los Angeles, CA. I now find myself living in Omaha, NE and I have seen many similarities between the Hispanic communities here and the ones in California. For my project I want to implement a program in the Hispanic community in South Omaha. Many Hispanics deal with preventable diseases when they are older, such as diabetes or heart disease, and I feel that if there could be knowledge out there stressing prevention, there could be dramatic changes in prevalence of diseases and quality of life in later years. In my spare time I enjoy hanging out with friends and taking in as many Los Angeles based sports as I can.



Jules Chyten-Brennan

Institute: University of Medicine and Dentistry of New Jersey
Discipline: Osteopathic Medicine
Email: jchytenbrennan@gmail.com

Currently, I am a third year osteopathic medical student at the University of Medicine and Dentistry of New Jersey (UMDNJ). Before starting school, I completed a B.A. in Political Science and Gender studies at Connecticut College. After graduating, I moved to New York City where I worked as a licensed

massage therapist and teacher. Outside of school and work, I love to travel whenever possible, and have spent time in South America, South Asia, and Botswana. More recently, in my free time I....wait....what's free time again....? My PASP project will focus on health education with LGBT youth through problem-based learning and participant directed community service. The model is aimed at facilitating dialogue in a safe and enjoyable environment. Ultimately, I hope the project will help convey health information, encourage interest in health sciences among LGBT youth, and build trust between local LGBT and medical communities.



Benjamin Cobb

Institute: University of Pittsburgh

Discipline: Allopathic Medicine

Email: bentcobb@gmail.com

Let's see...where to begin. I could start with racing motorcycles, DJ'ing, photography, or rapping, but I'll rewind to my origins in 1985. Born in Washington, D.C. and raised in King George, VA, I attended Hampton University and received my degree in analytical chemistry. Currently, I am pursuing a doctorate of medicine at the University of Pittsburgh. For my PASP project, I will utilize an evidenced based, medically oriented approach to teen smoking cessation at the Shuman Detention Center. Since its acceptance for 30 years to treat addiction, many love The Transtheoretical Model because IT REALLY WORKS!! My project goal is 1) to reduce the number of youth who smoke cigarettes, realizing that each individual will progress through these stages at different rates, and 2) to help an individual advance two stages from their starting point. My personal goal is to stop following YouTube celebrities and de-friend Kanye West on Twitter.



Mary Collaro

Institute: Worcester State University

Discipline: Graduate Nursing

Email: mcollaro@worchester.edu

I grew up in the northeastern part of Massachusetts and currently reside in Worcester. I am a graduate of Lawrence Memorial Hospital School of Nursing, and obtained my Bachelor of Science in Nursing from Worcester State University. Currently, I am continuing my education at WSU in the Master of Science in

Nursing Program (Public/Community Health). Recently, I was inducted into the Sigma Theta Tau International Nursing Honor Society. My micro grant will be used to conduct local research regarding mental health. It will compare and contrast the effectiveness of education and tool utilization (a reference magnet), relative to depression and suicide concerning WSU freshmen. In my spare time when not working or at the university, I enjoy cooking, gardening and bike riding. Traveling is also pleasurable; I hope to visit Ireland and Italy in the near future. Hockey is my favorite sport. Of course, the Boston Bruins being my favorite team!



Scott Cooper

Institute: Lake Erie College of Osteopathic Medicine

Discipline: Osteopathic Medicine

Email: roy.cooper@med.lecom.edu

I grew up working on a farm, riding quads, and enjoying the outdoors. I attended the University of Pittsburgh at Johnstown majoring in Biology. I received my certificate in Medical Technology from Conemaugh Memorial Medical Center School of Medical Technology and am licensed as a Medical Laboratory Scientist. Currently I attend Lake Erie College of Osteopathic Medicine. After graduation I hope to pursue a residency in Urological Surgery. My wife and I enjoy sports and camping and someday hope to have a big family. My study breaks include riding street bikes in the summer and playing basketball in the winter. The micro grant will be used to print and distribute pamphlets focusing on the role of the caregiver in children's health. It is my goal that helping to educate caregivers, and their children in the importance of diet and exercise, will have positive outcomes such as improved test scores and graduation rates.



Zebulun Cope

Institute: LECOM-Erie

Discipline: Osteopathic Medicine

Email: Zebulun.Cope@med.LECOM.edu

I grew up half in Germany and half in America; being a child in a military family. After undergrad I ended up going back over to Europe to work for a few years before finally pursuing medicine at an osteopathic school. My PASP project will center on relevant health literacy of the underserved. My goal is to provide a forum where common issues seen in the underserved communities are addressed. The main issues I plan to address are hypertension, diabetes and sexual health while taking a whole-person approach in trying to confront the underlying matters as to why those health concerns predominate in that population. When I'm not buried in the books or neck deep in powerpoint slides I tend to spend my time writing, playing the guitar or running a game or two of basketball.



Simone Cousins

Institute: Nova Southeastern University

Discipline: Doctor of Pharmacy

Email: simone.r.cousins@gmail.com

I'm in my second year of study in the Pharmacy program at Nova Southeastern University (NSU), and I'm really enjoying it so far. A self proclaimed optimist, I can partly attribute my cheerful demeanor to growing up in sunny South Florida, where the weather's absolutely amazing and the beach always beckons. Using my micro-grant, I plan to serve my community by implementing an educational intervention with the Hispanic Unity of Florida. I plan to teach recent immigrants how to navigate the US health system and increase their self-efficacy so that they can play a greater role in their health care. When I'm not at my second home (the NSU campus), I enjoy laughing with friends, cloud-watching at the beach, spending time with family, painting and being creative. My immediate goals are to improve my currently incomprehensible Spanglish and learn to salsa.



Eugenia Edmonds

Institute: University of New England College of Osteopathic Medicine

Discipline: Osteopathic Medicine

Email: eedmonds@une.edu

I am a first year medical student at UNECOM in Biddeford, Maine. I grew up in the suburbs of New York City and went to the University of Michigan for my undergraduate work, where I studied music and psychology. After college, I worked as a chef for an Oregon winery. I then returned to Brooklyn to be closer to family and help run my father's business, and during this time I completed my postbac studies. When I need to relax, I love playing the piano and cooking. I also love to be outside in the woods! My PASP project will involve researching the issue of hand hygiene for nursing home residents. For two weeks I will live in a nursing home (24/7), have a diagnosis, and receive standard procedures of care. I hope to gain special insight into possible solutions to this problem and I plan submit a report with my findings to the Maine coalition for excellence in nursing home care.



Sarah Ertl

Institute: University of Minnesota College of Pharmacy, Duluth

Discipline: Doctor of Pharmacy

Email: ertlx026@umn.edu

I grew up in a rural area of St. Joseph, MN. I accomplished my Bachelors of Science degree in Chemistry from St. Cloud State University. I'm currently going into my fourth year rotations as a pharmacy student at the University of Minnesota College of Pharmacy, Duluth. During my free time, I love to run long distance outside! Another activity I try to squeeze into my schedule that I enjoy doing is educating students and adults about HIV/AIDS. My PASP project is to reignite and improve upon the established Syringe Access Program in the state of Minnesota. Since the passing of this program into law in 1998, participation has diminished due to lack of continued education and the promotion of the law within the state. I plan to create a presentation about the program and present it to pharmacy students, local pharmacists, public health officials, and community members.



Greg Estep

Institute: University of California, San Diego

Discipline: Doctor of Pharmacy

Email: estep.g@gmail.com

I grew up in Northern California, the East Bay Area. I went to University of Denver for my undergrad studies in Psychology and Biology. I now attend the University of California, San Diego as a pharmacy student and work for Indian Health Service in Arizona during my summers. For my PASP project I plan on implementing a program where I will create a Public Service Announcement about the dangers of prescription drug abuse for the UCSD undergraduates. I will also create a display in the QUAD about the dangers of prescription drug abuse and hold workshops for the undergraduates about prescription drug abuse. Through this project I hope to educate the undergraduate population about the dangers of prescription drug abuse and provide them with information about where to get help if they or someone they know is struggling with prescription drug abuse. I'm highly involved with extracurricular activities in many organizations, but when I have free time I enjoy running, hiking, biking, snowboarding, and so much more.



Thomas Gill

Institute: University of Hawaii School of Medicine

Discipline: Allopathic Medicine

Email: tgill@hawaii.edu

Born and raised in Honolulu. After attending Williams College for my undergraduate education, I spent two years as a Peace Corps Volunteer in Jamaica where I worked as a HIV/AIDS educator and First Responder instructor with the Red Cross. Returning to the states, I attended Tufts University for my Masters in Biomedical Sciences. I matriculated into the John A. Burns School of Medicine at the University of Hawaii in the Summer of 2011. For my PASP project, I hope to contribute to a longstanding and controversial Hawaii public health discussion. Honolulu is one of the four most populated cities in the United States without fluoridated water. As the CDC has named water fluoridation as one of the ten most beneficial health endeavors of the 20th century, I intend to work with the local Department of Health and Dental Association to reintroduce a fluoridation discussion through public education. In my spare time, I coach cross country running at a local high school, enjoy body surfing, and paddle with the Waikiki Beach Boys three times a week.



Rita Golikeri

Institute: University of North Texas Health Science Center

Discipline: Osteopathic Medicine

Email: rita.golikeri@gmail.com

I was born and raised in Houston, Texas. I chose to attend Tulane University in the fall of 2005, but Hurricane Katrina made a change in my plan. After one semester at UT Austin as an 'evacuee', I returned to New Orleans and finished my undergrad at Tulane where I studied public health. I'm now a first year medical student at the Texas College of Osteopathic Medicine. For my PASP project, I plan to re-establish my school's Preventive Medicine Club. Through this organization, I hope to raise awareness about prevention in the local community by educating pregnant teenage girls in Fort Worth area high schools about pre-natal care. I also plan to work with faculty to implement more prevention-focused education into our school's Clinical Medicine course. Outside of school, I enjoy exploring new places in the city, playing volleyball, and going to karaoke or trivia night with friends.



Patrick Howell

Institute: University of Cincinnati

Discipline: Doctor of Pharmacy

Email: howellpr@mail.uc.edu

I grew up in Cincinnati, OH where I attended Xavier University for my undergraduate work. I am now attending University of Cincinnati's College of Pharmacy and work at The Christ Hospital as a pharmacy intern. I am very active in organizations at the college of pharmacy including our student government and Student Society of Health Systems Pharmacists (SSHP). For my Paul Ambrose Scholar Project I intend to implement a Diabetes Education program at a free health clinic for the homeless individuals of Cincinnati. I hope to tailor diabetes education towards the lifestyle of a patient who is homeless. Currently, I am highly involved in this clinic and enjoy providing health care for this patient population. My interests include basketball, golf, and volunteering.



Joy Jen

Institute: Georgia Health Sciences University

Discipline: Dentistry

Email: rjen@georgiahealth.edu

I graduated from the University of Georgia in 2010, and traveled all the way to the west coast to always rainy, Federal Way, Washington. I served as a high school tutor for a year through AmeriCorps, and absolutely fell in love with my students and the program. This experience propelled me forward with a community-oriented mindset. Now in my first year of dental school at Georgia Health Sciences University, I plan to implement a program that focuses on oral health awareness to mothers and children. I hope to work with clinics and/or education centers to train healthcare professionals in addressing oral health to their patients. This will provide sustainable, long term awareness to the community. When school is not on my mind, I enjoy leisurely biking, a relaxed game of ultimate frisbee, yummy food, and The Hunger Games trilogy (and other good reads) with a nice cup of Earl Grey.



Jasmeet Kaur

Institute: The University of Texas Medical Branch- Galveston

Discipline: Allopathic Medicine

Email: me2kaur@gmail.com

I was born in New Delhi, India and grew up in Austin, TX, where I did my bachelors and masters degrees in nursing at the University of Texas in Austin. (Hook 'Em!) Currently, I am in medical school at the University of Texas Medical Branch in Galveston. For my PASP project I plan to establish a multi-professional and multi-disciplinary non-profit organization called "Healthy and Sikh", which will hold regular monthly events on various health topics. The idea came from wanting to convert a one-time wellness fair into a regular health promotion program. In addition, I plan to have a comprehensive website with Punjabi-language specific health literature and offer tools for organizing wellness fairs. Through this project I hope to establish a self-sustained program devoted to health education in an underserved community. In my free time I enjoy baking, traveling, walking my dog, and playing classical Indian instruments (harmonium and tabla).



Harriet Kusi

Institute: Shenandoah University

Discipline: Doctor of Pharmacy

Email: hkusi1@gmail.com

I was born in Ghana, West Africa, and migrated to the United States in 1996. I grew up in Gaithersburg, Maryland, where I attended Elementary, middle, and high school. I attended the University of Maryland, College Park where I obtained my Bachelors of Science degree in Biology. I am currently a 3rd year, soon to be 4th year pharmacy student at Shenandoah University in Winchester, Virginia. For my PASP project I plan to develop a project, which aims to increase immunization rates amongst the vulnerable citizens in the Winchester area: citizens that live in the shelters and participate in food programs at the local churches. The primary focus will be on providing vaccinations against influenza. In addition to immunization, patients will be provided with educational materials about the importance and benefits of vaccinations. I hope to educate and impact that community that has fostered my education for the last three years. I enjoy bible studies, gospel music, eating out, traveling, mentoring young girls, exercising, and spending time with friends and family.



Kathryn Lee

Institute: Stony Brook University
Discipline: Doctor of Physical Therapy
Email: katielee21@gmail.com

Originally from Chevy Chase, MD, I ended up taking a tour of the northeast for my schooling. I did my undergraduate work in RI; then moved to Boston to work with special needs students; and now I am in NY, getting my DPT at Stony Brook. When I have time, I enjoy being outside or in the kitchen. The best combination is taking the kitchen outside - for a BBQ and some lawn games! My PASP project is two-fold. First, to use qualitative research to understand why Fit Kids For Life (a community-based wellness program for overweight/obese children/families) families want to take steps to be healthier. What factors motivate participants to persevere or quit? Second, to use these findings to improve FKFL. The better we understand what sparks positive change in our participants, the better we can tailor FKFL to achieve our goal: to engage our community in the promotion of a better quality of life. For these children and families, a program like FKFL can be a launching pad for a better future.



Amanda Little

Institute: Baylor College of Medicine
Discipline: Allopathic Medicine
Email: amanda.c.little@gmail.com

Being a military brat, I've moved my whole life, but today I consider DC home. Currently I live in Houston, TX where I'm in medical school. I enjoy living in a diverse, vibrant city where I can easily go to the museum, catch a live show, or relax with friends. What I love most is being in the outdoors running and hiking. For my PASP project I plan to channel this active energy by partnering with the Wellness committee at Missouri City Baptist Church. We will develop & implement a two-month diet and exercise program. The program will consist of workshops that begin with a discussion of a health topic such as diabetes or nutrition, followed by a short exercise program. I believe this program will be great and I am excited to get out and be active with the Houston community.



Roger Liu

Institute: Creighton School of Pharmacy and Health Professions
Discipline: Doctor of Pharmacy
Email: RogerLiu@creighton.edu

Hello everyone,

It is my intention to establish and refine an interdisciplinary community service project focused on diabetes education / prevention for the adult and pediatric populations. For the adults, I plan on providing combination blood pressure/glucose screenings and diabetes education in partnership with local community pharmacies and organizations. Specifically, I wish to target high-risk population groups as identified in the relevant literature (ie Hispanic, African American, Native American, and others). For the pediatric population, I plan on partnering with Creighton's Office of Interprofessional Scholarship, Service, and Education (OISSE) to provide interactive games to educate local children and adolescents on the importance of lowering their risk factors for diabetes now to avoid complications in the future. In my spare time I enjoy biking, jogging, cooking, and spending time with friends.



Olga Luaces

Institute: University of Florida College of Dentistry

Discipline: Dentistry

Email: oluaces@dental.ufl.edu

Hi, my name is Olga and I was born in Miami, Florida. I am the oldest of 4 children, and my parents are from Cuba and Jamaica. I attended the University of Florida for undergrad and majored in Nutritional Sciences. I enjoy singing, cooking, and traveling. My favorite book is "The Alchemist" by Paulo Coelho, and my favorite TV show is "The Office". For my project, I would like to implement an oral health prevention program at long term care facilities in the Gainesville community. The most important component of the program will include educating the caregivers and nursing home staff on proper oral hygiene practices for elderly residents through the utilization of readily available training materials and videos. The second component of my project will focus on relieving common dental problems faced by elderly residents, including xerostomia, increased caries risk, and maintaining clean dentures.



Joanna Lyon

Institute: Shenandoah University

Discipline: Doctor of Pharmacy

Email: jlyon11@su.edu

I taught for six years as a professor at Montgomery College, MD before I decided to continue my education by pursuing a degree in pharmacy. During my time as a college professor, I saw a tremendous need for an increased role of public health in the lives of many of the college students I taught. I have taken that passion with me to pharmacy school, where I am working on a project to coordinate the existing Lyme disease support and prevention organizations that already exist in Maryland and Virginia with the professionals at the local pharmacies. Since pharmacists are the most accessible health care professionals for most of the community, my goal is to successfully coordinate the efforts of the Lyme disease organizations and the community pharmacies to produce the greatest outreach for the public.



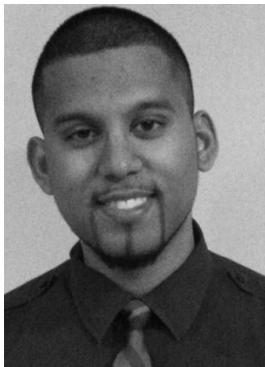
Zachary McCready

Institute: Midwestern University

Discipline: Dentistry

Email: zachary.mccready@mwumail.midwestern.edu

I was born and raised in the small, rural town of Winner, South Dakota and completed my undergraduate coursework at South Dakota State University. After completing my bachelor's degree, I worked for the National Children's Study as a research assistant and later as a training/quality control coordinator at the South Dakota study center. I am currently completing my first year of dental school at Midwestern University in Downers Grove, IL. The goal of my PASP project is to assess professional health care students' awareness of oral cancer signs and symptoms, as well as the recommended screening technique and frequency. This assessment can then be used to modify existing, or develop new, supplemental oral health curriculum. Hopefully the amended curriculum will improve the ability and confidence of future health care providers to correctly identify oral cancer in its early stages. In my free time I enjoy spending time outdoors, fishing, camping and spending time with friends and family.



Sajid Mohamed

Institute: New York Institute of Technology
Discipline: Physician Assistant
Email: smoham13@nyit.edu

My goal for my PASP project is to allay the need for safe driving practices in our student community. Through lectures, guest speakers, and educational resources students will be exposed to the impact their actions while operating a vehicle can have on themselves and the lives of others. As well as the impact MVAs can have on community, family, and friends. Tools and strategies will be offered to help make safer decisions and avoid distracted driving. I completed my BS in Life Sciences at NYIT and I am now pursuing a MS of Physician Assistant Studies at NYIT in Old Westbury, NY. This upcoming summer I will be starting my clinical year which I am very excited for. I am a Knicks fan, Jets fan and enjoy playing football with friends or just tossing around the ball. I'm an avid video gamer and great with computers. I also love to travel and will hop on a plane or boat the first chance I get.



Courtney Moore

Institute: Wayne State University School of Medicine
Discipline: Allopathic Medicine
Email: cmoore@med.wayne.edu

Hello! I'm a third year medical student at Wayne State School of Medicine in Detroit, MI. I find many aspects of medicine endearing, but I'm particularly passionate about improving public health, especially "heart health". As a Paul Ambrose Scholar I'll implement a local health initiative titled "Health Is Where The Heart Is" which will provide health care, education and counseling to medically underserved areas in and around Detroit. Our health fairs will host four stations; hypertension, cardiovascular, nutrition and stress management evaluations and education. Each of our patients will receive knowledgeable, honest, and reliable health care information during education and counseling sessions, with specific teaching techniques tailored to each patient's particular educational, literacy, and cultural backgrounds. We will deliver personalized follow-up care and counseling to our patients via a broad range of contact entities including face-to-face meetings, snail mail, phone conversation, email, website and social networking sites. Finally, using an extensive patient-based review system we will evaluate our initiative's effectiveness in improving heart health and evolve our practices to achieve the highest level efficacy possible.



Jesse O'Shea

Institute: Florida State University

Discipline: Allopathic Medicine

Email: jgo07@med.fsu.edu

Jesse is currently a medical student at the Florida State University College of Medicine, holding various positions within the institution. As an undergraduate, Jesse was selected to be on USA Today's All-Academic Team, which honors the top 20 undergraduates in the nation, and was also selected as a Truman Scholar finalist. As an undergraduate, Jesse was passionate about helping to find solutions to aid others most in need. He founded the national nonprofit the Global Haiti Initiative, which is an intercollegiate clearinghouse for developmental work in. Jesse has also been involved in health care policy and various research projects, and looks forward to continuing his holistic understanding of health care systems and applying that knowledge toward helping others. Jesse's project is on making his university tobacco-free and applying that towards other institutions as well. Jesse enjoys spending quality time with his family, friends, and significant other and loves the beach!



Rajavi Parikh

Institute: Edward Via College of Osteopathic Medicine – Carolinas

Discipline: Osteopathic Medicine

Email: rajavi.parikh@gmail.com

I am from Buffalo, New York and completed my bachelor's degree in International Women's Health from the University at Buffalo. I am now a first year osteopathic medical student at the VCOM-Carolinas Campus. My PASP project, entitled "InterACTIVE Outreach and Teach", focuses on educating the underserved population of Spartanburg, SC on preventative healthcare, providing tools for participants to implement a healthy and active lifestyle for themselves and their loved ones. Students will make presentations and lead the discussion on prominent health issues facing our community followed by interactive workshops promoting wellness amongst participants. We hope to provide sustainable, cost effective methods to encourage a long lasting commitment to a healthier life. In my free time I enjoy learning how to make new vegan dishes (I especially love vegan baking!), playing any kind of board game, biking through the streets of Spartanburg, and have just taken up yoga!



Jennifer Pham

Institute: University of California, San Diego Skaggs School of Pharmacy

Discipline: Doctor of Pharmacy

Email: jtp005@ucsd.edu

Born and raised in eco-friendly California, I studied Environmental Toxicology and minored in Communications at the University of California, Davis. I am continuing my active lifestyle doing yoga, swimming, rock climbing, and horseback riding as a second year student pharmacist at University of California, San Diego where I serve as the Vice President of Networking. I've used my multilingual abilities (Vietnamese, Cantonese, American Sign Language) to help improve healthcare access for individuals with language barriers by coordinating a first-ever training program on Deaf cultural competency for pharmacy schools and organizing health fairs where pharmacy students, interpreters and pre-health undergraduates come together to educate the Deaf community about nutrition, hypertension, and diabetes. I plan to pioneer a multi-cultural interdisciplinary health fair organized by pharmacy and medical students to promote preventive education and healthy lifestyles. We will work in teams to educate patients on how to manage, prevent, and monitor chronic conditions.



Maham Qureshi

Institute: UMDNJ-New Jersey Medical School

Discipline: Allopathic Medicine
Email: mahamqu@gmail.com

I grew up in Hillsborough, New Jersey and studied Biology at The College of New Jersey. Currently, I am a fourth-year medical student at UMDNJ – New Jersey Medical School. I enjoy exploring new restaurants, (small) hikes, and shopping at the three malls located within a 15-mile radius from me. At school, I enjoy working as a director of the Student Family Health Care Center, the oldest student-run clinic in the country. Our clinic recently launched a satellite clinic at a local homeless shelter. My PASP project will involve developing patient education workshops, led by teams of medical students, for the residents of this shelter. The purpose of the workshops is two-fold: to empower patients to take charge of their health and to educate students on delivering information in a way that is simple and understandable at the patient's literacy level.



Rebecca Raines

Institute: Mount St. Mary's College
Discipline: Doctor of Physical Therapy
Email: rvraines@gmail.com

I earned my Bachelors degree in Exercise Science from Point Loma Nazarene University in sunny San Diego. I am currently in Los Angeles earning my doctoral degree in Physical Therapy. I also earned a degree in laughing too much somewhere along the way... I'm a basketball and football fanatic, I love to stay active and try new things. I am always up for new adventures! My goal in life is to follow whatever path God has set before me, and make others smile along the way! For my PASP project I plan to implement a Balance and Falls Risk Screening program at the local Union Rescue Mission. This will include screening as well as education and therapeutic activities to help prevent fall related injuries to the homeless population including those suffering from various drug and alcohol related conditions. Fall-related injuries are one of the leading causes of injury hospitalizations and unintentional deaths. My plan is to increase awareness among other health care professions and provide preventative care to a population with limited access.



Harrison Reed

Institute: Yale University

Discipline: Physician Assistant
Email: harrison.reed@yale.edu

I performed my first medical procedure in the 4th grade when I incised an abscess on my pet pig. As I grew up in Sanford, Florida, I continued to operate on monkeys and leopards at the local zoo. When my high school visited a local hospital, I accidentally discovered my love of human medicine and haven't treated an animal since. Thanks to my English teacher mother, I nurtured a writing career as a journalist at the University of South Florida while I pursued a degree in Biomedical Science. I attend the Yale University Physician Associate Program and continue to write and edit for various publications including PA Professional Magazine and the Yale Journal of Biology and Medicine. I love to run road races, watch Orlando Magic Basketball and be an awesome uncle. My project will educate patients and providers to prevent illness in diabetics who participate in religious fasting.



Jessica Rimkus

Institute: Lake Erie College of Osteopathic Medicine—Bradenton
Discipline: Osteopathic Medicine
Email: jessica.rimkus@med.lecom.edu

I am graduate of Marquette University where I double-majored in Biomedical Science and Spanish. After graduation, I had the privilege to spending a year as Community HealthCorps Americorps member, serving at a bilingual clinic in downtown Milwaukee. It was this experience that flourished my desire to work with underserved communities. Now, as a first year medical student at LECOM-Bradenton, I hope to continue this work in my new community. Becoming a Paul Ambrose Scholar will give me the opportunity to provide a day of health and fitness for the Hispanic community in the Bradenton/Sarasota area. I hope to encourage healthy eating, exercise and to provide information on the health aspects that are most common in Hispanic populations. I am very excited for my first trip to Washington, D.C. and am secretly hoping to see the President. In my free time, I enjoy watching movies, reading anything other than a textbook, running, and cheering on the St. Louis Cardinals, my hometown baseball team.



Quidest Sheriff

Institute: UMDNJ - School of Osteopathic Medicine

Discipline: Osteopathic Medicine

Email: qsheriff@gmail.com

I was born and raised in Newark, NJ. I obtained my Bachelors of Arts at Rutgers University, New Brunswick and Masters of Science at UMDNJ – Graduate School of Biomedical Sciences. I am currently a 2nd year osteopathic medical student at UMDNJ – School of Osteopathic Medicine. I love to travel, cook, dance, exercise and mentor when I am not studying. For my PSAP project, I intend to implement a Nutritional Health Fair through my church in The Oranges New Jersey. I want to increase awareness of energy expenditure and the physiology of sitting. Also, I want to uncover certain myths about food, the importance of glycemic index and the use of the newly updated USDA food plate. Hands-on opportunities will include blood pressure measurements, blood glucose, and BMI, as well as, healthy and manageable food preparation/tasting and exercise demonstrations. Osteopathic manipulative treatment will also be provided.



Stephanie Smith

Institute: Drexel University

Discipline: Physician Assistant

Email: sms474@drexel.edu

I grew up in State College, PA where I completed my undergraduate education in Kinesiology, Movement Science at Penn State University. I currently live in Philadelphia, PA and attend Drexel University as a Physician Assistant student. For my PASP project, I plan to develop and implement a program through the Children's Hospital of Philadelphia's Homeless Health Initiative (HHI) that focuses on educating pregnant women in emergency housing on the importance of proper prenatal care. As an adjunct to prenatal education, the program will include free prenatal exercise classes to make physical activity more accessible to the mothers and to provide a social support system. Through this program, I hope to lessen some of the obstacles that homeless women face during pregnancy, increase the percentage of women receiving proper prenatal care, and in turn, improve the health outcomes of children born into low-income or homeless families. In my spare time I enjoy teaching group exercise classes, running, hiking, and spending time with family and friends.



Jennifer Snarskis

Institute: Oregon Health Sciences University

Discipline: Dentistry

Email: jennifer.snarskis@gmail.com

I'm an Oregon native and studied Biology at the University of Oregon (go ducks!) If I could have any super power, I would choose helium breathe. I really love food and cooking (Top Chef is a favorite) and also enjoy skiing, travel, golfing, and puppies. The project I would like to do in my community involves "adopting" a high school and junior high in a low-income district of Portland for students at OHSU to do dental screenings on. Eventually, OHSU students would be able work on a dental van that would go to the high school itself, and complete the procedures. There is a lot of need among students here in Portland and yet many barriers to those students actually receiving the dental care they need and gaining access. Hopefully, the project will be one that is sustainable and will continue to grow each year as dental students continue to come and go.



Jennifer Steiner

Institute: University of Wyoming

Discipline: Doctor of Pharmacy

Email: jsteine4@uwyo.edu

As a married mother of two, I enjoy time with my family. Although I may not be the best at Movie Scene-It, I love to play board games and outside with my kids. I will graduate from pharmacy school with a passion for patient care that is comparable to my passion for family. After working with individuals in a community and clinic setting, I have found that people are their own best health advocate. A vulnerable population in Wyoming is elderly individuals. In times of disaster, many have limited mobility and may have trouble caring for themselves until help arrives. Simple disaster preparation steps will allow people to fare better and lessen the burden on first responders and public health organizations. I plan to conduct a needs assessment to find gaps in preparedness of our elderly citizens and then make a readiness kit/plan education product with a mode of outreach.



Stephanie Stover

Institute: University of Maryland Baltimore

Discipline: Doctor of Physical Therapy

Email: Stephie.Stover@gmail.com

I went to James Madison University where I received my BS degree in Health Assessment and Promotion. I am currently a Doctor of Physical Therapy student at the University of Maryland-Baltimore. In addition to school, I work as a personal trainer and teach group exercise classes. I love anything outdoors, especially hiking to local waterfalls! I would like to expand a yearly community health project put on at a low income senior's apartment building in downtown Baltimore, MD where there is a high incidence of diabetes. This project would provide health screen services to the underserved population and also provide physical therapy students the opportunity to enhance their knowledge and skills outside the classroom setting. Providing the yearly health screens will allow residents to track their health status and become active participants in their own health care.



Anna Strewler

Institute: University of California, San Francisco

Discipline: Graduate Nursing

Email: anna.strewler@ucsf.edu

Anna Strewler is a student of the School of Nursing at the University of California, San Francisco where she is completing her Adult-Gerontological Nurse Practitioner education. She earned her B.A. from Bryn Mawr College in 2009 with a focus on Medical Anthropology. Anna has been involved in the care of older adults for the past four years and plans to pursue a career in primary care and public health research related to aging and palliative care. In her spare time, she has cultivated a passion for single origin, direct trade coffee. She is especially enthusiastic about espresso, but also loves brewing and tasting a variety of coffees from around the world in her free time. For Anna's PASP micro grant project, she is planning to extend the screening, immunization, and teaching efforts of the student-run UCSF Hepatitis B Collaborative to the underserved, at risk elderly patient population in San Francisco.



Samantha Stringham

Institute: University of Medicine & Dentistry of New Jersey

Discipline: Doctor of Physical Therapy

Email: samantha.stringham@gmail.com

I grew up in North Arlington, NJ and completed my undergraduate training in Exercise Science at Rutgers University. I currently attend the University of Medicine & Dentistry of New Jersey (UMDNJ) in Newark, NJ as a Doctoral student in Physical Therapy. For my PASP project, I will implement a hypertension education program using an Apple iPad for the Community Participatory Physical Therapy Clinic (CPPTC), which offers free physical therapy services to members of the Newark and UMDNJ communities. Through this project, I will educate members of our community about how physical activity and consultation with a physical therapist can help reduce hypertension. I will also educate patients to use the Internet to access the best evidence-based health-related information. Outside of school, I enjoy distance running, listening to music, and being outdoors. I also enjoy volunteering, hiking, going to concerts, traveling, and relaxing with my two cats.



Daniel Watkins

Institute: Regis University

Discipline: Doctor of Physical Therapy

Email: dwatkins@regis.edu

I worked in a small privately-owned physical therapy clinic for two years in Seattle after graduating from the University of Washington with a degree in Psychology. I joined the Peace Corps in 2009 and served in western Kenya as a public health volunteer until 2011. My favorite hobbies include rock climbing, backpacking, and playing guitar. I aspire to one day have a yard and a dog. Australian shepherd? Regis University currently holds an interprofessional pro bono healthcare clinic including physical therapy services to students of a diverse, at-risk high school, but utilization has been low. As a Paul Ambrose scholar, I intend to perform a needs assessment at the school and address areas of weakness through an educational program (to be administered by Regis DPT students) through the service-learning program at Regis in order to foster greater health promotion and generate larger clinical enrollment.



Brandon Wielert

Institute: Missouri State University
Discipline: Doctor of Physical Therapy
Email: brandon_wielert@hotmail.com

Coming from a military family, I have had many life experiences throughout the United States. My parents settled in Missouri where I completed my undergraduate degree in Exercise Science. I began a new chapter in my life at Missouri State University where I am currently pursuing my Doctor of Physical Therapy degree. For my PASP project, I plan to aid in the development and implementation of a student-run pro bono physical therapy clinic. This clinic will be offered to underserved and underinsured community members in Springfield, MO. Through this project, I hope to provide individuals services otherwise not received and provide students at MSU an opportunity to give back to their community through clinical practice. When I am not attending to my duties as a student, I love the outdoors, fitness/exercise, philosophy, traveling, and time with my fiancé and family. One quote I live by, "smile and pass it on."



Jennifer Yarbrough

Institute: Mercer University
Discipline: Physician Assistant
Email: jennifer.c.yarbrough@gmail.com

Jenny is the name and having fun is the game. Growing up as an Army brat enabled me to travel and live around the globe, and eventually it brought me to Georgia where I finished high school and attended The University of Georgia. After 4 years of philanthropic endeavors, a summer in Africa, going to Peru with Dr. Patch Adams, and perhaps attending a class or two, I realized I could turn my passion into a career by being a Physician Assistant. Currently, I am attending Mercer University's Physician Assistant Program in Atlanta, Georgia. With my grant I plan to initiate Operation Jubilation, which establishes an engaging hospital space dedicated to enhancing the quality of life for both patients and their loved ones during the patient's stay. With healthcare profession students manning this maximally efficient hospital stay, both students and patients will benefit from this educational and uplifting experience.



Robert Yau

Institute: University of Connecticut

Discipline: Dentistry

Email: robyauu@gmail.com

I grew up in Florida and Connecticut and did my undergraduate training in chemical engineering at the University of Connecticut (UConn). I now attend the UConn School of Dental Medicine as a second year dental student and am actively involved with the urban service track program. I enjoy basketball, hiking, skiing, and architecture. I am developing a community-based oral health program at the various migrant farm worker clinics across Connecticut including orchard, berry, greenhouses (crops), and tobacco farms. Utilizing an interdisciplinary approach with dental, medical, nursing, pharmacy, and physician assistant students, the migrant worker population will learn about various occupational hazards, high risk behaviors, and carcinogens they encounter daily at work and prevention methods to address primarily smoking cessation. Along with interdisciplinary oral cancer screenings, the ultimate goal is to lower oral cancer risks in this vulnerable population for improvement of oral health as it relates to overall health.



Mohamed Zeidan

Institute: Tufts University School of Medicine

Discipline: Allopathic Medicine

Email: moe.zeidan@gmail.com

I grew up in Eden Prairie, Minnesota where one of my first jobs was driving the zamboni. Yet, to this day, I don't know how to skate. I then moved east to attend Amherst College where I studied neuroscience and played goalie on the soccer team. After graduation, I worked at Massachusetts General Hospital doing research on fear and anxiety disorders. I loved my work there but wanted to learn more about public health so I moved to a rural village in Uganda called Nakaseke where I volunteered for an organization called Partners for ACCESS. I'm now a medical student at Tufts. My project is aimed at helping patients visiting the Emergency room without health insurance and/or a primary care physician. Medical students will meet with patients before they are discharged to help them understand their medical conditions and what steps they need to take to speed up their recovery.