

**Simone Arvisais-Anhalt**

SUNY Upstate Medical University
Allopathic Medicine

arvisais@upstate.edu

BIO: I am a third year medical student interested in working with my community to increase access to healthcare.

PROJECT: While volunteering at a local free health clinic in Syracuse, New York, I learned that there is an underutilization of local free clinics and a general lack of local provider awareness about these resources. To address these concerns, I have been working on implementing a two part study and outreach program. Firstly, I developed a project to characterize the patient population of the four free clinics in Syracuse, New York. Secondly, I am working on a provider awareness campaign and intervention to distribute free clinic information to patients in need through discharge plans via Upstate Medical University's electronic medical records.

**Michelle Caunca**

University of Miami Miller School of Medicine
Allopathic Medicine

m.caunca@umiami.edu

BIO: My name is Michelle Caunca, and I am an MD/PhD student at the University of Miami Miller School of Medicine. I graduated with a B.S. in Neurobiology with cum laude and Biological Sciences Honors in 2013. My clinical interests include: vascular, geriatric, and behavioral neurology with a focus on cognitive impairment and dementia. My research interests include: neuroepidemiology, public health, and social/psychological determinants of health. My ultimate goal is to become a principal investigator for a neuroepidemiology group focusing on both biological and social/psychological determinants of neurodegenerative disease, in collaboration with a basic neuroscience lab and public health organizations.

PROJECT: Stroke is the fifth leading cause of death, but number one cause of disability in older adults. In addition, caregiver burden is a mounting issue in this country as more families are affected by mental and neurological disorders. The goal of my project is to improve caregiver burden in caregivers of stroke survivors in Miami through self-care training and regular text message reminders. Because Miami's population consists largely of Hispanic/Latinos, addressing mental health in this population is important because the Hispanic and Latino cultures often have negative perceptions of mental health issues.

**Peter Chan**

Northeastern University
Pharmacy

chan.pe@husky.neu.edu

BIO: I am a class of 2016 pharmD student at Northeastern University. Throughout my career at Northeastern I have developed strong interests in public health, industry, and clinical care. One of my particular interests include the power of preventative medicine and its role in today's healthcare. I love to travel and seek adventure by seeing new places. Some of my current interest include sailing, skiing, and scuba diving!

PROJECT: College students often form habits that can continue long after they leave, and it is important to set a healthy foundation for eating right. My program focuses on increasing the amount of fruits and vegetables that college students eat. I feel that an educational incentive will make students more aware of the choices that they make, and how they can prevent future disease by making small choices every day.

**Preetam Cholli**

University of Massachusetts Medical School
Allopathic Medicine

preetam.cholli@umassmed.edu

BIO: Preetam Cholli is a rising MS2 at University of Massachusetts Medical School and graduated B.A. from the University of Chicago with a degree in Biology and a minor in Philosophy. Before beginning medical school, he spent a year as an international service fellow with Sewa International, an NGO, designing and managing a holistic research and educational intervention program about malnutrition for adolescents in the slums of

Pune, India. With an interest in bridging global-local and local-global perspectives on health and disease, he hopes to couple medicine, research, and preventive interventions to improve health outcomes for both individuals and communities.

PROJECT: America's Bhutanese refugee community bears a significant mental health burden, with the U.S. Department of Health and Human Services and Center for Disease Control and Prevention identifying mental health as a priority issue "represent[ing] a unique health burden for the Bhutanese refugee population". This project aims to develop and administer a series of comprehensive mental health awareness and wellness workshops for adolescents and young adults in central-western Massachusetts' Bhutanese refugee community. The goal of these sessions will be to educate and participants about otherwise under-acknowledged mental health challenges prevalent in their communities and empower them to better address these issues.



Sadeeka Dosu

Morgan State University
Public Health

sadeeka.dosu@gmail.com

BIO: Sadeeka Dosu, obtained her Masters of Public Health degree from Morgan State University in 2015. She currently serves as a Research Assistant for Communities Engaged and Advocating for a Smoke-Free Environment (CEASE) managing and disseminating tobacco-related messaging for CEASE's online and offline channels. In her spare time, Sadeeka can be found volunteering with Humanity First Guatemala working on women's health issues. As an entering first year Doctors of

Public Health student at Morgan State University, Sadeeka plans to pursue her interest of using community health workers to address the global burden of non-communicable diseases through evidence-based interventions and policies.

PROJECT: In conjunction with the Morgan State University School of Community Health and Policy, Communities Engaged and Advocating for a Smoke-Free Environment and other tobacco and oral health community organizations, DSN (Dakari Sadeeka Na'Cara) Mobile will be working to address oral health and tobacco disparities in The Waverlies (Baltimore)community. DSN Mobile plans to host a one-day community dental cleaning and provide onsite culturally competent tobacco cessation counseling service to adult smokers in The Waverlies.



Stephanie Dyck

Elon University
Physician Assistant

sdycck@elon.edu

BIO: My name is Stephanie Dyck and I am a first year Physician Assistant student at Elon University. I am so excited to participate in the symposium this year. I graduated with my undergraduate degree in Medical Dietetics from the Ohio State University and became a Registered Dietitian. As a graduate student I look forward to combining my dietetics background with my passion for preventative health and serving underserved populations as a PA. When I am not busy with school, I enjoy being active outdoors, hanging out with family, cooking, and exploring new places. I look forward to learning from everyone!

PROJECT: The project I plan to implement is a six week diabetes education pilot program to serve underserved populations in Alamance County, NC. The pilot program would be offered to the uninsured 1 x per week. The focus will be on dietary, exercise, and other lifestyle modifications to

improve HbA1c levels and reduce future comorbidities often associated with poorly managed diabetes. Each class will focus on a different topic and be lead by myself and other PA students. Patients will set health-related goals, and be provided with the necessary tools and encouragement to help each participant achieve their individual goals



Donna Egbulem

University of Maryland, Baltimore
Public Health

domile@umaryland.edu

BIO: Donna Egbulem is a joint Master's degree candidate in Social Work and Public Health. She is also a Returned Peace Corps Volunteer (Burkina Faso, 2012-2014). Her academic and community work have focused on reducing health disparities, improving access to maternal and child health care among transient populations, and decreasing violence and firearm injuries in Baltimore City. She has a keen interest in fortifying public health infrastructures by explicitly linking and aligning health care

delivery systems with community resources and social services. In her spare time, she enjoys outdoor activities, dancing, working on craft projects, cooking random ethnic dishes, traveling, and watching documentaries and foreign films with family and friends.

PROJECT: Donna and her research team will work to combat misconstrued perceptions of violence as normative behavior by involving neighborhood-specific assets such as churches, beauty salons, barbershops and recreational centers in anti-violence awareness and prevention. The goal is to imbue the community with conflict resolution strategies and reduce homicide susceptibility. A monitoring and evaluation system will be created to capture qualitative data for the program. In addition to linking social services with medical services for the patient, this research project also seeks to combine patient-centered services with community outreach services; the goal is to build a bridge between victims and survivors.



Nathanael Eisenhut

Pacific Northwest University of Health Sciences
Osteopathic Medicine

neisenhut@pnwu.edu

BIO: Nathanael Eisenhut is a second year osteopathic medical student at Pacific Northwest University of Health Sciences. He attended Oregon State University during undergraduate where he received his degree in biology w/ a minor in chemistry. After volunteering and working in a free medical clinic Nathanael decided to pursue medicine to provide primary care for underserved populations. He is currently interested in both family medicine and internal medicine as well as public health. When not studying or

volunteering at the Union Gospel Mission Free Clinic Nathanael enjoys hiking and camping in his native Pacific Northwest.

PROJECT: Many patients seek care at local emergency departments for chronic diseases like diabetes that are most appropriately addressed in a primary care setting. Unfortunately this leads to many repeated visits without changing ultimate outcomes. However access to care in a primary care setting is one of the major obstacles to these patients. The goal of this project educates patients receiving care for diabetes or hypertension at local emergency departments of resources available in the Yakima community for primary care, such as local free medical clinics or education on how and when to sign up for Medicaid.



Helaine Firestein

Stony Brook University
PT / OT

helaine.firestein@gmail.com

BIO: I am currently a third year student in the Doctorate of Physical Therapy program at Stony Brook University. After graduation in June of 2016, I hope to work in a neuro rehabilitation setting. I graduated from Binghamton University in 2013 with a bachelor's degree in Integrative Neuroscience. As a student, I spend much of my time studying, but with my rare free time I enjoy reading, writing, and spending time with friends.

PROJECT: The goal of my project is to educate health professional students in all fields on the impact that stigma has on people with mental illness. Research shows that "stigma" is a huge reason that people struggling with mental health issues don't seek medical help of any kind. It is imperative that future health professionals become aware of and try to decrease their own biases so that people will be more likely to seek the help they need. Education will be done via presentations and speakers with lived experiences.



Laura Goetz

University of California, San Diego
Public Health

lgoetz@ucsd.edu

BIO: I am currently a Preventive Medicine resident at the University of California, San Diego. Prior to this, I was a practicing general and colorectal surgeon. I made a decision to change my career from treating cancer to preventing cancer, hence the return to residency.

PROJECT: With my mentor at the San Diego County Health and Human Services, we will be mapping colorectal cancer screening rates in San

Diego County. We will use several different hospital databases, as well as national quality metrics reporting databases. The goal is to better identify areas in need of public health interventions to increase colorectal cancer screening rates in San Diego County.



Whitney Horn

Appalachian College of Pharmacy
Pharmacy

whorn@students.acp.edu

BIO: I am a proud lifelong resident of a small rural town in Southwest Virginia. I completed my undergraduate studies at Southwest Virginia Community College and I am currently in my third year in the Doctorate of Pharmacy program at Appalachian College of Pharmacy. I have always had a passion for helping others and intend on dedicating my life to serving others through pharmacy. My interest outside of healthcare include playing tennis, painting, hiking, and photography.

PROJECT: My project will include local health screenings and patient education for the prevention and management of diabetes.



Poornima Kadagad

Goldman School of Dental Medicine Boston University
Dentistry

kpoorni@bu.edu

BIO: I believe in optimizing the opportunities life bestows and making an impact. As an oral and maxillofacial surgeon for 6 years in a diverse country like India has honed my clinical acumen, surgical skills, teaching and professional ability. It makes more sense that prevention is better than cure in the field of oral cancer after seeing extensive oral cancer patients' morbidity and mortality in India, hence the interest in prevention and preventive teaching for oral cancer. Now that I am in US, I would like to continue my interest and work in the field of oral cancer awareness and prevention.

PROJECT: Target population: Adults above age of 18 years who are at high risk for developing oral cancer in and around Boston of low economic status. The broad goal of the project is to create awareness about oral cancer and associated risk factors in vulnerable population. The specific objectives of the project are to create awareness about oral cancers, precancerous lesions and associated risk factors among the community through preventive education and to teach oral self-examination for oral cancer and instruct for oral hygiene. Intended communities: Boston Medical Center's Smoking Cessation Program and South End Community Center, Boston.



Camilia Kamoun

Perelman School of Medicine of the University of Pennsylvania
Allopathic Medicine

ckamoun@mail.med.upenn.edu

BIO: Camilia Kamoun is a fourth year medical student at the Perelman School of Medicine of the University of Pennsylvania. Preventative medicine has long interested her, particularly the need to address social determinants of health. Having graduated from Swarthmore College with a major in Islamic Studies, she desires to combine her interest in preventative medicine with her undergraduate training in Islamic culture. She believes that investigating the intersection of culture and medicine is crucial for the development of innovative and effective preventative health programs. She looks forward to acquiring skills for public health work in preventative medicine as she moves along in her training to become a pediatrician.

PROJECT: Breastfeeding is perhaps the most evidence based preventative health intervention to ensure individuals' health. In Pennsylvania, only 72.9% of infants are ever breastfed, and only 15.3% are exclusively breastfed for the first six months. The proposed community based project will address improving breastfeeding practices in the West Philadelphia community by working with leaders within African American Muslim communities to develop and execute a breastfeeding education and promotion program.



Angela Kao

South Carolina College of Pharmacy - Columbia
Pharmacy

kaoa@email.sc.edu

BIO: I grew up in Greenville, SC and went on to attend the University of South Carolina in Columbia. After two years, I was accepted into the South Carolina College of Pharmacy Class of 2016. I am currently in my fourth year of pharmacy school completing my rotations, and I plan to pursue a residency upon graduating. I aspire to join the U.S. Public Health Service Commissioned Corps, mainly fueled by my past experience with the Indian Health Service as part of the JrCOSTEP. I enjoy community outreach and have participated in various events, including health screenings, smoking cessation programs, and charity walks.

PROJECT: In the coming year, I plan to implement a program focused on tobacco prevention in the youth. In efforts to engage the youth, I would partner with an organization like Girls on the Run and

hold activities that simulate the health difficulties of a smoker. Hopefully, this would demonstrate the health consequence of tobacco use and discourage smoking in the youth. I would also partner with the Greenville Health System or St. Francis Health System since they already have smoking cessation programs in place and could further connect me with more resources or current support groups.



Jan Kum

Midwestern University Chicago College of Pharmacy
Pharmacy

jkum43@midwestern.edu

BIO: My name is Jan Kum and I am a second-year pharmacy student at Midwestern University Chicago College of Pharmacy. For my undergrad, I attended University of California Irvine and earned a bachelors degree in Biology and Cognitive Psychology. During my free time, I love to hike, watch UFC, and play board games. I enjoy traveling, and have been very fortunate to have visited over 13 different countries. Upon graduation, I

plan to seek a residency and specialize in Infectious Diseases or a fellowship program to become an Industry Pharmacist.

PROJECT: Health and education are closely intertwined: high school dropouts are more likely to head down a path that leads to lower-paying jobs, but most importantly, poorer health. Thus, it is imperative that young students are taught the importance of education and the influence it has to their health throughout their lives. To address these risk factors, I plan to implement a mentorship program that pairs academically struggling high school students with health professional students from Midwestern University. The goal of this project is to facilitate a positive youth development strategy by helping students to envision a positive, career-driven future.



Madison Lamar

DeBusk College of Osteopathic Medicine
Osteopathic Medicine

madison.lamar@lmunet.edu

BIO: Madison Lamar is a current first year student at DeBusk College of Osteopathic Medicine in Harrogate, TN. She currently serves as president of SAACOF (Student Association of the American College of Osteopathic Family Physicians), writes a weekly health Public Health Awareness Blog and serves as the Personal Trainer Coordinator for Servolution Health Clinic's Community Biggest Loser Program. She received her B.A. in Human Development from the University of Georgia and her M.S. in Biomedical Professions from Lincoln Memorial University. In her spare time she enjoys doing sprint

triathlons and sharing her love for health and wellness with others.

PROJECT: #52ToAHealthierYou encompasses both programming and awareness building. The program will feature both monthly seminars/webinars. These include webinars from a nutritionist/fitness specialist that would address topics ranging from mindfulness/meditation to 5k training, along with offering fitness classes monthly like kickboxing or Pilates that our underserved area would not otherwise be able to access. #52ToAHealthierYou would be a joint effort on the behalf of the preventative medicine department, the director of campus life and fitness and wellness. Ultimately, the goal of #52ToAHealthierYou would be to increase the health/mindfulness of those participating on campus, so that they can be ambassadors of the initiative.



Tanya Lawrence

Pacific Northwest University
Osteopathic Medicine

tlawrence@pnwu.edu

BIO: Although originally from Sacramento, CA, I went to the University of New England for undergrad and traveled to Dublin, Ireland to complete my Masters in Public Health. I have recently finished my first two years of medical school in Washington and will complete my clinical years Montana. For the past four summers, I worked at Double H Ranch, a summer camp in upstate NY for children for life threatening and chronic illnesses, which has ultimately encouraged me to pursue my medical career, with a focus on preventative medicine. When I am not studying, I love to travel and hike!

PROJECT: Implementing a family-oriented community program to assist in the prevention of childhood obesity



Jenny Le

Drexel University
Physician Assistant

jl3459@drexel.edu

BIO: I am currently enrolled in the Physician Assistant Program at Drexel University. Prior to graduate school I worked as a registered dietitian in the area of nephrology. I enjoy cooking and eating all different types of ethnic cuisines and especially enjoy cooking Vietnamese food. I also like to garden and I am slowly learning the skills needed to becoming a successful urban gardener. My professional goal is to work in primary care and to eventually open a free health clinic in Vietnam.

PROJECT: My project proposal will target the topic of nutrition. For my project I plan to start a sustainable community garden located near or at a dialysis center in the city of Philadelphia. The

community garden will provide fruits and vegetables that are appropriate on the renal diet. In addition, there will be classes held that discuss topics in renal nutrition for dialysis patients and their caretakers. My overall goal is to increase access to and education on healthy food choices for those on dialysis.



Yun Rose Li

University Pennsylvania
Allopathic Medicine

liyun@mail.med.upenn.edu

BIO: Yun Rose Li, born in Beijing China, is a fifth-year MD-PhD candidate at the University of Pennsylvania Perelman School of Medicine. Rose is finishing her clinical training after having completed her doctoral dissertation in genomics and computational biology. She is passionate about applying modern genomic technologies to advancing personalized and targeted therapeutics in radiosensitive cancers, and plans to pursue residency training in radiation oncology. Rose serves on the board of the American-Physician Scientist Association, is a past AMSA Medical Humanities and Public Health Scholar, and consults for CrowdMed and a DreamIt Healthcare Ventures startup. As an PASP scholar, Rose hopes to leverage her knowledge and passion about healthcare and technology to understanding the needs and improving the health of people in her community. Rose is a 2012 Paul and Daisy Soros Fellow and a recipient of the NIH NRSA F30 Training Fellowship.

PROJECT: I envision the design and implementation of a childhood vaccination education and outreach program that partners with local, grassroot faith-based organizations. Having just completed my PhD dissertation at the Children's Hospital of Philadelphia (CHOP), I know that CHOP is a leader in vaccine education that has dedicated significant resources to addressing disparity in vaccination rates in our community. Leveraging the powerful resource of the Vaccine Education Center at CHOP, which provides educational materials and resources at a free or low-cost basis, this program will hold workshops and community education events at local religious and faith-based centers that provide educational materials, presentations by healthcare professionals and vaccination clinics. Successful implementation of this project can be assessed not only by program attendance and on-site surveys but also by vaccinations achieved in the West Philadelphia school districts and CHOP-affiliated pediatric care centers.



Lily Liu

Harvard School of Dental Medicine
Dentistry

xlilyliu@gmail.com

BIO: Lily is a rising fourth year student at Harvard School of Dental Medicine. She was born in Shanghai, China, and has lived in Cincinnati and Columbus, Ohio, where she studied biomedical science, Spanish, and

creative writing at The Ohio State University. Her work at Harvard has included research with the Mexican Health Foundation, coordinating a pediatric Medicaid dental clinic, developing medical language courses, and serving as a leader for the Christian Medical/Dental Association. She will be applying in endodontics after graduation. She enjoys hanging out with her husband, running, and foodie adventures.

PROJECT: ACTION is a student-run pediatric dental clinic for Medicaid patients in Cambridge, MA founded by students at the Harvard School of Dental Medicine in 2009. This program employs pre-dental students from Boston-area colleges and universities to deliver oral health instruction to children and families in the ACTION waiting room area. This provides volunteers with the opportunity to practice patient education as well as network with one another and Harvard dental students. More importantly, it provides our often transient and primarily immigrant patient population with lasting and valuable preventative tools to decrease their risk for oral disease.



Juan Lopez

Florida State University College of Medicine
Allopathic Medicine

jd102d@med.fsu.edu

BIO: I'm a South Florida native and was fortunate enough to grow up with family both in the U.S. and Argentina. Passionate about visual art, I pursued my BA in Art History. I later fell in love with medicine while working in a primary care practice and got my MS in Biomedical Sciences. I'm a big fan of gardening and the notion of food as medicine. This compelled me to work as a farm intern in Washington, North Carolina and Israel prior to starting medical school. In my free time, I love bicycling, backpacking and swimming near manatees.

PROJECT: My project consists of examining the health issues of families that reside in the South City neighborhood of Tallahassee, Florida. South City has numerous issues rooted in poverty, crime and poor health. By using trained navigators, we will conduct home and/or community visits with the families numerous times throughout the year, establishing a relationship and providing connectivity to resources as well as assessments to help them address social and environmental determinants of health. The visits will be done via an interdisciplinary team of medical, social work, nursing, pharmacy, public health and anthropology students.



Cindy (Chu Ying) Lu

Manchester University College of Pharmacy
Pharmacy

clu2016@spartans.manchester.edu

BIO: I am in my final year of training at Manchester University College of Pharmacy at Fort Wayne, IN. As a member of the inaugural class, I have had the opportunity to contribute to the development of the program and

help start student organizations, such as the Manchester chapter of the Personalized Medicine Coalition. I received my Bachelor of Science degree in Biochemistry and Molecular Biology from the University of California, Davis. I plan to pursue a residency or fellowship following graduation in the areas of public health, geriatrics or pharmacogenomics.

PROJECT: While the local FMNP is a great resource to enable these at-risk populations to purchase fresh produce, there is limited data to substantiate or support the awareness for its utilization in Allen County or in Indiana. Using a survey to evaluate the utilization of FMNP by WIC participants, along with their fruit and vegetable intake habits, could help determine the impact of FMNP locally. Most importantly, the proposed education component of the project can serve to increase daily intake of fruits and vegetables in pregnant woman and young children to prevent and treat anemia.



Alan Ly

Midwestern University, Glendale
Osteopathic Medicine

aly73@midwestern.edu

BIO: I am a Chinese American born and raised in San Francisco, CA. I earned my biochemistry major and education minor from the University of California, Santa Cruz. My interests include many recreational sports, traveling and education. My goal is to become a physician who can not only treat diverse communities, but also educate and assist those communities with public health disparities.

PROJECT: I will work with Maricopa County Department of Public Health to develop and implement physical education policies for the local school district necessary to support and advance the physical education of students. On a community-by-community basis, we will structure and support each specific community's schools to achieve higher rates of physical activity. Our goals aim to revise physical education standards in our compulsory education.



Anna Ma

Saint Catherine University
PT / OT

azma@stkate.edu

BIO: I am currently an Occupational Therapy Student from Minnesota attending Saint Catherine University. I received my B.S. in Child Psychology with an interest in working with pediatrics. I have an interest in learning about healthcare systems globally and have traveled abroad. I enjoy experiencing new cultures and being involved within my own community. My goal includes continuing my education to help serve individuals with mental, physical, or developmental disabilities. I want to help create programs that provide awareness and therapy for underserved populations to

improve the quality of life worldwide. During my free time, I enjoy traveling, playing tennis, reading and spending time with family and friends.

PROJECT: The project will focus on increasing the level of physical activity in refugees and immigrants in St. Paul, MN. Through a partnership with the Multicultural School for Empowerment (MORE), the project will identify current barriers and limitations of physical activity and then transition into a development of education and implementation of services. The project will incorporate meaningful and attainable services for this population. The aim is not only to increase physical activity levels and decrease risk of potential health problems, but also provide a sustainable program that is culturally relevant to this population.



Mia Malin

Quinnipiac University
Physician Assistant

mia.malin@quinnipiac.edu

BIO: After completing my undergraduate education at Fordham University, I worked in Manhattan at CityMD Urgent Care as a Senior Clinical Assistant before starting PA school. At Quinnipiac University, I participate in numerous community service outreach events. Additionally, I am an Urban Health Scholar committed to providing care to underserved urban populations as a member of an interprofessional team. All of these experiences have solidified my belief that prevention and education are the cornerstones of the healthcare profession. I am impassioned to become part of the solution to improve health literacy and access to care for our most vulnerable populations.

PROJECT: Quinnipiac's health science students provides a Foot Clinic at the Grand Avenue Men's Shelter in New Haven, CT five times throughout the year. I propose that we help to eliminate the impact of diseases prevalent in the homeless population by empowering men at the shelter with knowledge. Quinnipiac students would set up education stations, administer a pre- and post-tests, and discuss how to access the local FQHCs. I posit that the men who demonstrate an improvement are more likely to follow-up at a FQHC demonstrating that health literacy is the gateway to gaining access to care for this vulnerable population.



Chelsey Mattingly

Saint Louis University
PT / OT

mattinglycr@slu.edu

BIO: A native of rural Missouri, I studied Interdisciplinary Studies at Southeast Missouri State University before pursuing a master's degree in Occupational Therapy at Saint Louis University in St. Louis, MO. Occupational therapy practitioners work with clients to successfully

perform activities that bring meaning to their daily life and I look forward to assisting clients in a holistic manner, not only physically, but emotionally and cognitively. When I'm not volunteering for our Pi Theta Epsilon chapter or working as a nanny, I enjoy attending music concerts, biking, hiking and rock climbing.

PROJECT: Investigating occupational stressors and mental health needs among corrections officers to inform the development of workplace health interventions.



Samantha Melonas

Thomas Jefferson University
Physician Assistant

sxm186@jefferson.edu

BIO: Samantha graduated in 2010 from Penn State University with a Bachelor of Science in Biological Anthropology. Following graduation, she attended the post-baccalaureate program at the University of Pennsylvania where she was elected the Community Outreach Chairperson. Samantha is currently completing the didactic year as President of the inaugural Jefferson Physician Assistant class of 2016. In addition to these academic endeavors, she is involved in Philadelphia

outreach initiatives, including volunteering at the Refugee Health Partners medical clinic and serving at Ronald McDonald House. Post graduation, Samantha hopes to work in Ophthalmology, continuing with a focus on both community and international outreach.

PROJECT: According to the Philadelphia Department of Public Health's Division of Disease Control Annual Report, residents of the Philadelphia community in the zip codes immediately surrounding and including Thomas Jefferson University exhibit a significant deficit in vaccination compliance among children 19-35 months old. In an effort to improve vaccination rates, evidence-based educational techniques and follow-up initiatives will be coordinated within the 19107 zip code of Philadelphia. By partnering with Thomas Jefferson University's Center for Urban Health and The Philadelphia Immunization Program, an integrated approach can lead to change within the area of greatest need in the Philadelphia community.



Heidi Merius

Stony Brook University School of Nursing
Nursing

missheidynicole@gmail.com

BIO: Prior to moving to New York, I was raised in California until the age of 8 with my siblings. My freshman year of college took place at Coppin State University, after which I transferred to Stony Brook University to complete my BS in Biology and BSN as a Robert Wood Johnson NCIN scholar. Currently, I am living on Long Island with my Husband of 2 years while completing my Doctorate in Nursing

Practice at Stony Brook University. My goal is to positively impact the community. Being active in church, exercising, reading, and hanging with friends and husband makes life enjoyable.

PROJECT: The project design involves increasing awareness of depression, its signs and symptoms, and actions to take when it is suspected in a youth. This will be accomplished through educating teachers, teacher assistants, coaches, etc. at middle and high schools in Suffolk County by health care professionals that are trained in this area. This will be coupled with documents that are location specific for information on who are the schools counselors, social workers, and psychologists and what other mental health resources exist in the community.



Maha Mourad

Touro College of Osteopathic Medicine
Osteopathic Medicine

mmourad@student.touro.edu

and family!

BIO: I was born and raised just outside of Orlando, FL. I left Florida in 2008 to attend Duke University, where I graduated from in 2012 with a degree in Neuroscience. I then moved to the Washington, DC area, where I spent two years teaching middle school science as 2012 corps member of Teach for America. Currently, I am a first year student at Touro College of Osteopathic Medicine in Middletown, NY. Outside of school, I enjoy hiking, yoga, and enjoying good food with my friends

PROJECT: My project involves providing a course for children in schools about the importance of mental health and strategies for managing their own mental health. The course will include students who will be screened for exposure to trauma and it will be taught by medical students.



Kristina Nureeva Ferrell

Medical University of South Carolina
Pharmacy

nureevaf@musc.edu

BIO: I am a 4th year student at MUSC Pharmacy College. I have just graduated with MBA from the Citadel Graduate College. I came to the US from Russia 6 years ago. In Russia I've been studying chemistry and graduated with MChem. In my free time I love to travel. So far, I have been in 13 different countries, and going to Peru in July. Love DC and looking forward to this trip.

PROJECT: The main goal of my project is the education of future and current parents on the vaccine-preventable diseases also promoting and providing childhood vaccinations. I am going to closely work with pediatric pharmacists at MUSC

Children's Hospital on further developing and implementing my project. I plan to work closely with Charleston county free clinics that have prenatal care, immunization and pediatric services, such as Lincoln High School Clinic and St James-Santee Family Health Center, and propose my educational sessions and handouts as an additional service to other free clinics with obstetrician and migrant health services



Lisa Joy Ohnstad

University of Wyoming
Pharmacy

lohnstad@uwyo.edu

BIO: Lisa Joy Ohnstad is starting her final year in University Of Wyoming College Of Pharmacy, pursuing a Dual Pharm D, MBA. Her interests are rural public health care, and bringing health care services to rural Wyoming. She currently serves as a Medical Service Core Officer in the Wyoming Air National Guard. Ohnstad is a National AAUW Student Council member for the planning committee of the National Conference of College Women Student Leaders 2015, and a Tillman Military Scholar. She lives in Laramie, Wyoming with her husband, their busy seven year old son, and puppy dogs. They enjoy the spending time in the great outdoors, playing in the snow.

PROJECT: 2014 research, led by Dr. Lawrence Staubach (I was the student member) at the University Of Wyoming School Of Pharmacy, identified a large gap in education and resources available to rural community pharmacists. My project would create a training program for rural interdisciplinary health care providers to recognize signs of medication misuse, and abuse. The program would also recommend ways that providers could bring community resources together to reach patients at identification, rather than waiting for a full abuse scenario. After the program has been fully assessed, the training materials would be released as a resource for use, by medical providers throughout Wyoming.



Oluwatosin Olateju

University of Maryland School of Nursing
Nursing

tosinolateju1@gmail.com

BIO: I am a registered nurse by profession. Currently in the MS Community & Public Health Nursing Program at the University of Maryland School of Nursing. I have a great interest in infectious diseases especially HIV/AIDS. My hobbies include playing lawn tennis, going to the movies and parks. My goal is to ensure that communities that reduced HIV viral loads and this can be possible through ensuring individual compliance with medication therapy and HIV care appointments.

PROJECT: The aim of this community-based project is to increase the number of persons living with HIV (PLWH) who are engaged in ongoing, high quality HIV primary medical care (PMC). The project consists of: 1) provision of linkage to care navigation to PLWH who have a gap in HIV care of six months or more who are admitted at the University of Maryland Medical Center; 2) a survey to assess barriers and identify potential strategies to promote re-engagement in HIV PMC. The Healthy People 2020 Leading Health Indicators (LHI) topic targeted for this project is "Access to Health Services" (Healthy People 2020, 2014).



Kyle Plante

SUNY Upstate Medical University
Public Health

planteky@upstate.edu

BIO: I grew up in Watertown, NY and studied biology at Mercyhurst University. After my undergraduate education I entered the field of biomedical research, earning a Masters of Science degree from SUNY Upstate Medical University. I enjoy the pursuit of knowledge and am committed to helping people, which are attributes that have led me to pursue a degree in public health. Following my public health training, I will be seeking a medical degree (MD) from SUNY Upstate Medical University. When I am not studying, I enjoy traveling, outdoors

activities, and spending time with family and friends.

PROJECT: My community-based project involves providing patients with a decision aid regarding prostate specific antigen (PSA) testing to promote shared decision making (SDM) between a patient and a healthcare provider.



Mary Pomeroy

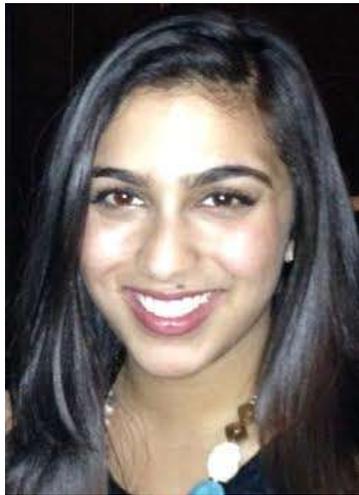
The University of Texas at Austin
Nursing

mary.pomeroy08@utexas.edu

BIO: Raised in Alice, a small town west of Corpus Christi, TX, I grew up with a passion for science and sought to obtain a BS in Biology at the University of Texas at San Antonio. Upon graduation, I moved to Austin, TX to pursue a career in education, which allowed me to share this love of science with middle school students. Through this experience, I realized I wanted to serve this population from a different perspective, and enrolled at UT Austin to pursue a Master's

of Science in Nursing with a Public Health concentration. I currently work as a psychiatric nurse at a local nonprofit hospital, as well as an intern at AIDS Services of Austin.

PROJECT: I hope to improve the awareness of health status amongst People Living with HIV (PLWH) within the central Texas region of Travis County by examining current HIV testing procedures at correctional facilities, and identifying barriers preventing immediate access to care upon release. Through my experiences volunteering with the dedicated staff at a local AIDS Service Organization, I have learned of some of the challenges facing these individuals, and would like to further investigate this issue. Through this effort, I hope to strengthen and empower members of our community as well as those affected by HIV.



Supriya Rastogi

Northwestern University
Public Health

supras624@gmail.com

BIO: Although originally from northern New Jersey, I went to college at Northwestern University, where I majored in Anthropology. I am now a second year MD/MPH student at Northwestern University's Feinberg School of Medicine in Chicago, IL. As an aspiring physician, my goal is to not only treat patients, but also become involved with public health policy to address the social determinants of health that influence patients' lives. Outside of medicine, my biggest passion is dance and I spent much of my time in college competing with my Bollywood dance team. I also enjoy reading, eating, and going on adventures!

PROJECT: In Chicago, the risk of a black baby dying is double that of a white baby. Hence, I am partnering with EverThrive IL, a Chicago-based organization that champions the health of mothers and their children, to help narrow this disparity in birth outcomes. At an individual level, my focus is to facilitate discussions with pregnant and parenting teenagers on topics ranging from prenatal care to family planning and interconception care. At the community level, my goal is to provide youth leadership development opportunities and to increase the capacity of community leaders to share reproductive health information with the larger community.



Kristi Ray

Nova Southeastern University
Osteopathic Medicine

kr956@nova.edu

BIO: I grew up in sunny south Florida and completed my undergraduate degree in Biology and Anthropology from the University of Central Florida. I am currently a second year dual DO/MPH student at NSU College of Osteopathic medicine where I research quality of life initiatives for nursing home residents and Special Olympians. I am passionate about public and global health, sustainable nutrition initiatives, and preventative medicine. In my free

time, I love scuba diving, spending time with my family, and biking through the Everglades.

PROJECT: HEALTHFUL: Helping Establish Academic Learning Through Health Fairs in Underserved Locations. To create and implement a database to catalogue outreach events and service needs throughout Broward county. By aligning the desired targeted services, Health Professions students will be able to participate in numerous community and public health fairs to benefit our underserved populations while creating humanistic approaches to patient care.



Paul Stadem

Mayo Medical School
Allopathic Medicine

stadem.paul@mayo.edu

BIO: I am currently a student at Mayo Medical School with a strong interest in primary care and mental health. I am originally from the Minneapolis, MN area and went to the University of Minnesota for my undergrad. I graduated in May of 2013 and spent 7 months in Kampala, Uganda conducting hematology research prior to entering medical school. I enjoy all things sports, talking about health policy, and a good happy hour.

PROJECT: My project is focused on reducing stigma associated with mental health in the Somali community through education and engagement of the Islamic religious leaders in the Rochester, MN community. The overall goal is to increase the awareness of the existence of mental health issues, increase the number of Somali-Americans seeking care who need it, and increase the community support for adolescents experiencing challenges in mental health.



Kylie Taylor

University of California, San Francisco
Nursing

kylieataylor10@gmail.com

BIO: Driven to create a more streamlined, cost effective pediatric public health model. Community health interests include school-based health, mobile health clinics, urban farming. Hobbies: cooking, surfing, photography, diving,

PROJECT: Using community supported agriculture to bring fruits and vegetables into School-Based Health Centers

**Ryan Thomas**

Wegmans School of Pharmacy
Pharmacy

rst08539@sjfc.edu

BIO: I was born and raised in Rochester, NY where I currently go to school for pharmacy. I have a background in education and enjoy spending time with family and friends, reading, and being active in the community.

PROJECT: I am working with a local health organization to develop educational materials aimed at the undergraduate population dedicated to PrEP therapy.

**Mark Volpe**

Yale University
Physician Assistant

mark.volpe@yale.edu

BIO: I grew up in Orange, CT and completed my undergraduate degree in Biological Sciences at The University of Connecticut and Master of Public Health degree at Southern Connecticut State University. I am now pursuing my Master of Medical Sciences through the Yale School of Medicine Physician Associate Program. Prior to starting at Yale, I worked in clinical research creating hospital quality metrics that are used as part of the Affordable Care Act. I enjoy playing basketball, hiking, trying new restaurants, going to sporting events, and playing

with my dog.

PROJECT: My project will target mental health, specifically reducing stress and improving coping skills in physician assistant students. Physician assistant students experience a disproportionately large amount of stress as compared to other students and the population at large. I plan to develop a workshop to teach physician assistant students mindfulness-based stress reduction which will include a brief lecture, small group discussion, and mindfulness meditation. Through this, students will develop new skills to handle stress and improve their mental health.