

PAUL AMBROSE
SCHOLARS
PROGRAM

Empowering Tomorrow's Healthcare Leaders Today



2007 Scholars Project Descriptions



MICHAEL D. BRYANT

Emory University
School of Medicine

In an effort to find new ways to confront health literacy, I am designing an electronic multimedia version of a common urologic screening tool. The hope is that by being able to see and listen to a doctor, patients with low health literacy will be better able to answer questions about their medical condition than if they were given a paper questionnaire to fill out on their own.



ANDREW ALDEN CHANLIONGCO

University of Florida, Gainesville
College of Pharmacy



ELIZABETH CHAO

Stanford University
School of Medicine

Elizabeth has designed and implemented the first Hepatitis B Clinic devoted to providing free HBV testing, vaccination, treatment, and education to the uninsured and underserved of San Jose. Run in partnership with the Stanford School of Medicine Pacific Free Clinic and the Stanford Asian Liver Center, the Hepatitis B Clinic provides not only vaccinations to those unprotected from the disease, but also treatment to those with chronic HBV infection to prevent their condition from progressing further to liver cancer. In the first year, she anticipates that the clinic will serve over 1,000 patients, bringing us one step closer to addressing the greatest health disparity facing Asian and Pacific Islanders. She hopes that the clinic will serve to inspire others to join the fight against HBV.



MYRLITA CLARK

Thomas Jefferson University
School of Nursing

I am creating a newsletter for minority patients about chronic kidney disease (CKD). I am providing health education for patients with hypertension and diabetes to as these are the two leading causes of CKD.



ERIC CRUMBAUGH

University of Arkansas for Medical Sciences
College of Pharmacy

My project is an influenza clinic/healthfair that will take place on November 10th, 2007 in Dequeen, Arkansas. We have 250 doses of flu vaccine to administer, at no charge, to an impoverished community. We will also screen for hypertension, high cholesterol, diabetes, and educate people about heartburn. We will encourage participants to bring all of their medications with them and let a student pharmacist go over each of them.



CHRYSTLE CU

University of the Pacific
Arthur A. Dugoni School of Dentistry

I am working on a project in partnership with La Casa de las Madres, San Francisco's shelter for women and children escaping domestic violence. I hope to improve this community's oral health through education and promotion of oral disease prevention.



ZACHARIAH DEYO

Wingate University
School of Pharmacy

This project will target patients at several community pharmacies. The project goal is to inform the public of available pharmacological and non-pharmacological smoking cessation strategies and resources.



ELAINE DEPRANG

University of Houston
College of Pharmacy

The main objective of my project is to increase the level and prevalence of preventative HIV/AIDS education targeted at high school students. The method of providing the preventative education is via an educational video, which can easily be downloaded by high school teachers from the Internet. The educational site where the download will be available provides national access to the educational video and will dramatically improve the impact this project will have on public health.

EBERENNA EGWU

Butler University
College of Pharmacy and Health Sciences

The purpose of my project is to evaluate resources available in retail pharmacies for the non-English speaking Hispanic population, determine ways to decrease medication errors in retail dispensing and improve overall patient outcomes in Hispanic populations.

MILES FARR

University of Texas Medical Branch
School of Medicine

An existing UTMB student organization and a non-profit organization are working together to bring social and medical services to the underserved population in the community surrounding the UTMB medical center. They are working together to arrange 'house-calls' by teams of UTMB students to disadvantaged households to provide basic wellness services and assistance in obtaining medical services.



ALEXANDER GARRARD

Mercer University
College of Pharmacy and Health Sciences

JOAN GOODMAN

Baylor College of Medicine
Physician Assistant Program



MERA GOODMAN

Stony Brook University
School of Medicine



PRIYANKA HANDA

University of Miami
School of Medicine

At the Victims Services Center Clinic, many victims of domestic abuse get their basic gynecological and general medicine care. One major unmet need of this population is affordable access to family planning. The funding from the Paul Ambrose Scholarship Program is making a partnership between Planned Parenthood and the Victims Services Center Clinic a reality. The purpose of this program is to reduce the number of unwanted pregnancies in the population affected by intimate partner violence (IPV) by making the VSC clinic an official Planned Parenthood Title X subcontracted clinic offering family planning services.



GAVIN IMPERATO

State University of New York
Downstate College of Medicine

The State University of New York Downstate Medical Center is the only academic medical center in New York City's borough of Brooklyn. As such, its health professional students are in a unique position to improve the public health and preventive care of the diverse residents of Brooklyn, many of whom were born outside of the United States. The goal of this project will be to educate students at Downstate about the importance of cultural competence in providing preventive care and public health services to urban and immigrant populations.



ALISA KACHIKIS

University of Texas Medical Branch
School of Medicine

The goal of my project is to assess medical students' interest in and attitudes about preventive medicine at the University of Texas Medical Branch (UTMB). The study will also provide data regarding the students' interest in preventive medicine related tracks and degree programs at UTMB.

MITUL KANZARIA



Albany Medical College
School of Medicine



SARAH KRAMER

Arizona School of Dentistry and Oral Health

My project involves providing oral hygiene education and increasing access to care for a group of expectant mothers in Phoenix, AZ. The goal is to create a self-sufficient project that educates these women about the importance of maintaining oral health, especially during their pregnancies, as well as establishing oral health routines for their infants. Additionally, preventive services will be provided to this population through a voucher program established with a local hygiene school.

PAUL KREZANOSKI

Boston University
School of Medicine



JACQUELINE LESSARD

Indiana State University
College of Nursing

My project is a partnering effort between middle schools, primary care providers, and parents to address adolescent obesity within a community in Central Massachusetts. My efforts within the school system included developing a district wide program identifying the healthiest meal offered for lunch daily, providing nutrition education in an after school program, and establishing a middle school peer leadership organization promoting healthy weights, increasing physical activity, and reduced screen time. Community efforts include registering the city as a NBLI's "We Can Site", partnering with a community clinic to utilize education materials for parents of obese children mirroring the educational efforts of the school, and planning a city wide nutrition and activity education series targeting parents.

SHELLY LUGER

Indiana State University
College of Nursing

My project trains senior level Baccalaureate Nursing Students to assess the health literacy of individuals in a vulnerable rural population and implement associated interventions for improvement. Strategies will take place at a soup kitchen in a small Midwestern community.



ZACH MARCUM

Butler University
College of Pharmacy and Health Sciences

My project is to prepare fourth-year pharmacy students to become immunization pharmacists. This entails organizing the training of the current P4 student pharmacists at Butler University using the American Pharmacists Association's Immunization Training Certificate Program; and assessing the attitudes, knowledge, and skills of the student pharmacists before and after the program.



MICHAEL MCCOLLUM

University of Medicine and Dentistry of New Jersey
School of Osteopathic Medicine

The primary aspect of the plan would stem from the CHF research, which incorporates over 30 variables in prevention of end stage cardiac disease, as well as the 5 or 6 variables that are high risk in causing cardio-metabolic syndrome. These risk factors also play a major role in stroke, diabetes and cardiac episodes. Following testing in clinics or at community based health fairs, patients can then be advised by clinicians in concert with students on risks of their levels and benefits of healthier lifestyle.



STEPHANIE MCKINNEY AND MELISSA SANKO

Wayne State University
Physician Assistant Program

We are working to help Wayne State's PA Program set up an educational relationship with the Children's Center of Detroit, a fantastic program which works with children under the age of 18 that have been placed under the care of the state of Michigan. To kick off WSU's involvement, the PA Program is sponsoring a health fair called "Live Smart, Street Smart" on October 3rd and will follow up with the Children's center every other week to teach the health aspect of their Life Skills Module throughout the rest of the academic year. Best of luck to all who wish to attend the Paul Ambrose Symposium; it's an incredible opportunity and worthwhile experience!



ANNELIESE MILLONES

Emory University
School of Medicine



TOLU ODUFUYE

Mayo Medical School
School of Medicine

"Exercising In Spite of Limited Access to a Gymnasium" is a project directed at educating Somali Women on how to exercise. This project focuses on how exercise can be achieved without going to a gymnasium. An educational session was held at the 5th Annual Somali Women's night on September 2nd 2007.

KIRSTEN OPALACH

Drexel University
Hahnemann Physician Assistant Program

Nutrition 101 for Parent's is a workshop to discuss the importance of early healthy eating habits to prevent childhood obesity. Topics such as reading food labels, empty calories and physical activity to burn calories are discussed.



TINA PTACEK

Arizona School of Dentistry and Oral Health

Tobacco cessation counseling for health care professionals is essential in our fight against oral cancer. Training health care professionals to become more comfortable in counseling their patients is the aim of the project.



CARA SIVILS RILEY

Virginia college of Osteopathic Medicine



SALLY RAFIE (ASAL SADATRAFIEI)

University of California, San Francisco
School of Pharmacy

I am developing and will pilot the first clinical clerkship at the UCSF School of Pharmacy to focus on sexual and reproductive health issues, particularly in the teen population. To supplement this addition to the curriculum available to future students, I am designing a policy project related to pharmacy access to reproductive health services.



REBECCA SADUN

University of Southern California
Keck School of Medicine

Working with other students at Keck-USC School of Medicine and School of Pharmacy, I established a Patient Education Center in the ER waiting room and the central cafeteria of the LA County Hospital, where patients lack health insurance and primary care providers. This student-staffed booth provides preventive education on 14 topics ranging from prenatal care to hypertension to cancer screening for men and for women. The students working at the center have been trained in Health Literacy and Patient Education to assist them in assessing patients' needs, addressing those preventive medicine needs, and empowering their patients to take control of their health.



KELLY SANDERSON

Georgetown University
School of Nursing

Our project aims to improve the ease at which low-income patients and families understand health information. Partnering nurse practitioner students with the Arlington Pediatric Center (a clinic serving an exceptionally diverse community just minutes from our nation's capital), the collaboration bridges the gap between evidence-based health literacy recommendations and their practical application in a primary care setting.



MELISSA SANKO AND STEPHANIE MCKINNEY

Wayne State University
Physician Assistant Program

We are working to help Wayne State's PA Program set up an educational relationship with the Children's Center of Detroit, a fantastic program which works with children under the age of 18 that have been placed under the care of the state of Michigan. To kick off WSU's involvement, the PA Program is sponsoring a health fair called "Live Smart, Street Smart" on October 3rd and will follow up with the Children's center every other week to teach the health aspect of their Life Skills Module throughout the rest of the academic year. Best of luck to all who wish to attend the Paul Ambrose Symposium; it's an incredible opportunity and worthwhile experience!



MATT SAPKO

University of Pittsburgh
School of Pharmacy

I am working with several industry leaders in pharmaceutical products, Falk MTM program (an outpatient community-based hospital pharmacy), and my university to plan and develop screening protocols for osteoporosis. We are trying to implement a collaborative practice with physicians from University of Pittsburgh Medical Centers, as well as screening pharmacy patients from the community that are at risk. In addition, we are hoping to sustain this program for final year students on rotations who work at the Falk MTM Service to gain experience and knowledge about educating and counseling patients with osteoporosis/osteopenia.

KAREN SHEMANSKI

Philadelphia College of Osteopathic Medicine

I educated the women of a shelter in Philadelphia, PA on proper diet, exercise, and hygiene habits in order to bring them to a higher state of health and appreciation of fitness. I hosted a Health Lunch with presentations, group discussions, demonstrations, and question-and-answer sessions with the women so that they can better understand how to take care of their bodies. Through this project, I hope to instill these health values in the women, so that they may continue to follow a healthy routine, and perhaps pass these practices to other women in the area.



MOLLY STRONG

Indiana University
School of Medicine



ANN TENG

New York College of Osteopathic Medicine

Teens2Talk focuses on building the foundation of partnership between healthcare providers and the adolescent population. By incorporating website and lecture-based teaching series from both professionals and adolescents, the combination of “lived experiences” and Evidence Based Medicine is emphasized. The ultimate goal is to decrease the negative consequences of chronic illnesses by improving communication between the two groups.



LISA TSHUMA

University of Utah
Physician Assistant Program



JING WANG

University of Pittsburgh
School of Nursing

I am looking at chronic disease self-management among elderly Chinese Americans and Chinese immigrants using a qualitative focus group design. I expect to explore cultural factors in relation to their chronic disease management with respect to adherence to prescribed treatments, lifestyle decisions pertaining to diet and exercise, and communication with health care professionals.



KRISTEN WHITAKER

Stanford University
School of Medicine

The purpose of my project is to give Stanford medical students the tools to complete an effective environmental history as part of their standard patient encounter in preparation for diagnosing, treating and preventing health conditions related to environmental exposures. I am designing and implementing a module in the first preclinical year which gives students the training to complete an effective environmental history and a case study module in the second preclinical year which gives students a chance to use their environmental history taking skills in a clinical setting.